Schedule 1—Specified permissible ingredients and requirements applying to these ingredients when contained in a medicine

(section 4)

Part 2—Table 1

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
4981	UBIDECARENONE	A,E	When used as an excipient, the route of administration must be topical. Only for use in topical medicines for dermal application and not to be included in medicines intended for use in the eye. When used as an excipient, the concentration in a medicine must be no more than 0.05%. The maximum recommended daily dose must provide no more than 300 milligrams of ubidecarenone. When used in combination with Ubiquinol-10, the maximum recommended daily dose must provide no more than 300 milligrams of ubiquinol-10 and ubidecarenone combined. The medicine requires the following warning statement on the medicine label: - (WARF) 'Do not take while on warfarin therapy without medical advice.'
4982	UBIQUINOL-10	A	Only for use in oral medicines.

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
			The maximum recommended daily dose must provide no more than 300 mg of ubiquinol-10.
			When used in combination with ubidecarenone, the maximum recommended daily dose must provide no more than 300 mg of ubiquinol-10 and ubidecarenone combined.
			requires the following warning statement on the medicine label:
			- (WARF) 'Do not take while on warfarin therapy without medical advice.'
4983	ULEX EUROPAEUS	A,H	
4984	ULMUS AMERICANA	A,H	
4985	ULMUS CAMPESTRIS	А,Н	
4986	ULMUS GLABRA	A,H	
4987	ULMUS PARVIFOLIA	А,Н	
4988	ULMUS PROCERA	A,H	
4989	ULMUS PUMILA	A,H	
4990	ULMUS RUBRA	A,H	
4991	ULTRALIDE	E	Permitted for use only in combination with other permitted ingredients as a fragrance. If used in a fragrance the total fragrance concentration in a medicine
4992	ULTRAMARINE BLUE	Е	must be no more than 1%. Permitted for use as a colour for

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
			topical use.
4993	ULVA LACTUCA	А,Н	Iodine is a mandatory component of Ulva lactuca.
			Only for use in topical medicines for dermal application and not to be included in medicines intended for use in the eye.
			The concentration in the medicine must be no more than 0.1%.
4994	UNCARIA GAMBIR	А,Н	
4995	UNCARIA RHYNCOPHYLLA	А,Н	
4996	UNCARIA SINENSIS	А,Н	
4997	UNCARIA TOMENTOSA	А,Н	
4998	UNDARIA PINNATIFIDA	А,Н	Whole dried Undaria pinnatifida must not contain the holdfast.
			Only for use in oral medicines.
4999	UNDECANAL	Е	Permitted for use only in combination with other permitted ingredients as a flavour or a fragrance.
			If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
			If used in a fragrance the total fragrance concentration in a medicine must be no more 1%.
5000	UNDECANOIC ACID	E	Permitted for use only in combination with other permitted ingredients as a flavour.
			If used as a flavour the total flavour concentration in a medicine must be

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
			no more than 5%.
5001	UNDECENOIC ACID	Е	
5002	UNDECYL ALCOHOL	E	Permitted for use only in combination with other permitted ingredients as a flavour or a fragrance. If used in a flavour the total flavour concentration in a medicine must be no more than 5%. If used in a fragrance the total fragrance concentration in a medicine must be no more 1%.
5003	UNDECYLCRYLENE DIMETICONE	E	Only for use in topical medicines for dermal application and not to be included in medicines intended for use in the eye. The concentration in the medicine must be no more than 10%.
5004	UNDECYLENAMIDE DEA	Е	
5005	UNDECYLENOYL PEG- 5 PARABEN	Е	Only for use in topical medicines for dermal application.
5006	URANIUM NITRATE	Н	Only for use as an active homoeopathic ingredient.
5007	UREA	А,Е,Н	Only for use in topical medicines for dermal application. The concentration in the medicine must be no more than 10% (w/w).
5008	URTICA DIOICA	A,E,H	
5009	URTICA URENS	А,Н	

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
5010	USNEA BARBATA	А,Н	
5011	UVA URSI LEAF DRY	А,Н	
5012	UVA URSI LEAF POWDER	A,E,H	
5013	VA/BUTYL MALEATE/ISOBORNYL ACRYLATE COPOLYMER	E	Vinyl acetate is a mandatory component of VA/butyl maleate/isobornyl acrylate copolymer. The concentration of vinyl acetate in the medicine must be no more than 0.01% or 100 ppm. Only for use in topical medicines for dermal application and not to be included in medicines intended for use in the eye. The concentration in the medicine must be no more than 5%.
5014	VACCARIA SEGATALIS	А,Н	
5015	VACCINIUM BRACTEATUM	А,Н	
5016	VACCINIUM CORYMBOSUM	Е	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5017	VACCINIUM MACROCARPON	А,Е,Н	
5018	VACCINIUM MYRTILLOIDES	А,Н	

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
5019	VACCINIUM MYRTILLUS	A,E,H	
5020	VACCINIUM OXYCOCCUS	А,Н	
5021	VACCINIUM VITIS- IDAEA	A,H	
5022	VALENCENE	Е	Permitted for use only in combination with other permitted ingredients as a flavour.
			If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5023	VALERALDEHYDE	Е	Permitted for use only in combination with other permitted ingredients as a flavour.
			If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5024	VALERIAN DRY	A,H	
5025	VALERIAN OIL	E	Permitted for use only in combination with other permitted ingredients as a flavour.
			If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5026	VALERIAN POWDER	A,H	
5027	VALERIANA EDULIS	A,H	
5028	VALERIANA OFFICINALIS	A,H	
5029	VALERIANA	А,Н	

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
	SORBIFOLIA		
5030	VALERIC ACID	Е	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5031	VALINE	A,E	
5032	VANADIUM	Н	
5033	VANILLA	Е	Permitted for use only in combination with other permitted ingredients as a flavour or a fragrance. If used in a flavour the total flavour concentration in a medicine must be no more than 5%. If used in a fragrance the total fragrance concentration in a medicine must be no more 1%.
5034	VANILLA DRY	A,E,H	
5035	VANILLA EXTRACT	Е	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5036	VANILLA OLEORESIN	Е	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
5037	VANILLA PLANIFOLIA	A,E,H	
5038	VANILLA POWDER	A,E,H	
5039	VANILLA TAHITENSIS	А,Н	
5040	VANILLIC ACID	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5041	VANILLIN	E	Permitted for use as a flavour.
5042	VANILLIN ISOBUTYRATE	E	Permitted for use only in combination with other permitted ingredients as a flavour or a fragrance. If used in a flavour the total flavour concentration in a medicine must be no more than 5%. If used in a fragrance the total fragrance concentration in a medicine must be no more 1%.
5043	VANILLYL ALCOHOL	Е	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5044	VAT RED 1	Е	Permitted for use as a colour for topical use.
5045	VAT RED 1 ALUMINIUM LAKE	Е	Permitted for use as a colour for topical use.
5046	VAT RED 5	Е	Permitted for use as a colour for

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
			topical use.
5047	VEGETABLE OIL	Е	
5048	VEGETABLE OIL PHYTOSTEROL ESTERS	A	Only for use in oral medicines. The medicine requires the following warning statements on the medicine label: - (VOPE) 'There is no benefit from taking more than 3g/day of phytosterols from all sources' - (PREGNT) 'Not recommended for use by pregnant and lactating women' (or words to that effect).
5049	VEIN	Н	Only for use as an active homoeopathic ingredient.
5050	VERATRALDEHYDE	Е	Permitted for use only in combination with other permitted ingredients as a flavour or a fragrance. If used in a flavour the total flavour concentration in a medicine must be no more than 5%. If used in a fragrance the total fragrance concentration in a medicine must be no more 1%.
5051	VERATRUM ALBUM	А,Н	Solanidine is a mandatory component of Veratrum album. The concentration of equivalent dry Veratrum album in the medicine must be no more than 10mg/Kg or 10mg/L or 0.001%.
5052	VERBASCUM DENSIFLORUM	А,Н	

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
5053	VERBASCUM THAPSUS	А,Н	
5054	VERBENA OFFICINALIS	А,Н	
5055	VERBENA OIL	Е	Permitted for use only in combination with other permitted ingredients as a flavour.
			If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5056	VERONICA CHAMAEDRYS	А,Н	
5057	VERONICA OFFICINALIS	А,Н	
5058	VERONICASTRUM VIRGINICUM	А,Е,Н	
5059	VETIVER OIL	Е	Permitted for use only in combination with other permitted ingredients as a flavour or a fragrance.
			If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
			If used in a fragrance the total fragrance concentration in a medicine must be no more 1%.
5060	VETIVERYL ACETATE	Е	Permitted for use only in combination with other permitted ingredients as a fragrance.
			If used in a fragrance the total fragrance concentration in a medicine must be no more than 1%.
5061	VIBURNUM OPULUS	A,E,H	

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
5062	VIBURNUM PRUNIFOLIUM	A,E,H	
5063	VICIA FABA	А,Н	Levodopa (of Vicia faba) is a mandatory component of Vicia faba. The concentration of Levodopa (of Vicia faba) from all ingredients in the medicine must be no more than 1mg/kg or 1mg/L or 0.1%.
5064	VIGNA ANGULARIS VAR. ANGULARIS	А,Н	
5065	VIGNA RADIATA	А,Н	
5066	VIGNA UMBELLATA	А,Н	
5067	VINCA MAJOR	А,Н	Vincamine is a mandatory component of Vinca major. The concentration of vincamine in the medicine must be no more than 10mg/kg or 10 mg/L or 0.001%.
5068	VINCA MINOR	А,Н	Vincamine and vincristine are mandatory components of Vinca minor. The concentration of vincamine in the medicine must be no more than 10mg/kg or 10 mg/L or 0.001%. The concentration of Vincristine in the medicine must be no more than 10mg/kg or 10mg/L or 0.001%
5069	VINCETOXICUM OFFICINALE	А,Н	
5070	VINEGAR	Е	Permitted for use only in combination with other permitted ingredients as a flavour.

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
			If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5071	VIOLA ODORATA	A,E,H	
5072	VIOLA TRICOLOR	А,Н	
5073	VIOLA YEDOENSIS	A,H	
5074	VIOLET LEAF ABSOLUTE VIOLET LEAVES	E	Permitted for use only in combination with other permitted ingredients as a flavour or a fragrance. If used in a flavour the total flavour concentration in a medicine must be no more than 5%. If used in a fragrance the total fragrance concentration in a medicine must be no more 1%. Permitted for use only in combination with other permitted ingredients as a flavour.
			If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5076	VIPER	Н	Only for use as an active homoeopathic ingredient.
5077	VISCUM ALBUM	A,E,H	
5078	VISCUM COLORATUM	А,Н	
5079	VISCUM FLAVESCENS	А,Н	
5080	VITELLARIA PARADOXA	А,Е,Н	
5081	VITEX AGNUS-CASTUS	A,E,H	

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
5082	VITEX NEGUNDO	А,Н	
5083	VITEX ROTUNDIFOLIA	A,H	
5084	VITEX TRIFOLIA	А,Н	
5085	VITIS VINIFERA	A,E,H	
5086	VITREOSCILLA CONCENTRATE	E	Only for use in topical medicines for dermal application. The concentration in the medicine
			must be no more than 0.1%.
5087	WAHLENBERGIA GRACILIS	А,Н	
5088	WALNUT	Е	
5089	WALNUT OIL	Е	
5090	WATER MELON	Е	
5091	WHEAT	Е	Gluten is a mandatory component of Wheat when the route of administration is other than topical and mucosal.
			When the route of administration is other than topical or mucosal, the medicine requires the following warning statement on the medicine label:
			- (GLUTEN) 'Contains [insert name of ingredient]' or words to that effect.
5092	WHEAT BRAN	Е	Gluten is a mandatory component of Wheat bran when the route of administration is other than topical and mucosal.
			When the route of administration is other than topical or mucosal, the

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
			medicine requires the following warning statement on the medicine label:
			- (GLUTEN) 'Contains [insert name of ingredient]' or words to that effect.
5093	WHEAT DEXTRIN	A,E	Only for use when the dosage form is capsule, tablet or pill.
			When the route of administration is other than topical or mucosal, the medicine requires the following warning statement on the medicine label:
			- (GLUTEN) 'Contains [insert name of ingredient]' or words to that effect.
5094	WHEAT GERM	Е	Gluten is a mandatory component of Wheat germ when the route of administration is other than topical and mucosal.
			When the route of administration is other than topical or mucosal, the medicine requires the following warning statement on the medicine label:
			- (GLUTEN) 'Contains [insert name of ingredient]' or words to that effect.
5095	WHEAT GERM GLYCERIDES	E	Gluten is a mandatory component of Wheat germ glycerides when the route of administration is other than topical and mucosal.
			When the route of administration is other than topical or mucosal, the medicine requires the following warning statement on the medicine

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
			label:
			- (GLUTEN) 'Contains [insert name of ingredient]' or words to that effect.
5096	WHEAT LEAF	Е	
5097	WHEAT SPROUT	Е	Gluten is a mandatory component of Wheat sprout when the route of administration is other than topical and mucosal.
			When the route of administration is other than topical or mucosal, the medicine requires the following warning statement on the medicine label:
			- (GLUTEN) 'Contains [insert name of ingredient]' or words to that effect.
5098	WHEAT STARCH	Е	When the route of administration is other than topical or mucosal, gluten is a mandatory component of –Wheat Starch.
			When the route of administration is other than topical or mucosal, the medicine requires the following warning statement on the medicine label:
			- (GLUTEN) 'Contains [insert name of ingredient]' (or words to that effect).
5099	WHEATGERM OIL	A,E,H	
5100	WHEY POWDER	E	Lactose is a mandatory component of Whey powder when the route of administration is oral.
5101	WHEY PROTEIN	E	Lactose is a mandatory component of

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
			Whey protein when the route of administration is oral.
5102	WHEY PROTEIN CONCENTRATE	Е	Permitted for use only in combination with other permitted ingredients as a flavour.
			If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5103	WHITE BEESWAX	Е	
5104	WHITE HOREHOUND HERB DRY	А,Н	
5105	WHITE HOREHOUND HERB POWDER	А,Н	
5106	WHITE SOFT PARAFFIN	A,E	When used as an active ingredient, can only be supplied as an uncompounded medicine substance packed for retail sale, and must comply with an uncompounded substance monograph of the British Pharmacopoeia, as in force or existing from time to time.
5107	WIKSTROEMIA VIRIDIFLORA	А,Н	
5108	WILD CARROT HERB DRY	A,E,H	
5109	WILD CARROT HERB POWDER	А,Н	
5110	WILD CHERRY BARK DRY	А,Н	
5111	WILD CHERRY BARK POWDER	A,H	

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
5112	WILD LETTUCE LEAF DRY	А,Н	
5113	WILD LETTUCE LEAF POWDER	А,Н	
5114	WINTERGREEN OIL	A,E,H	Methyl salicylate is a mandatory component of Wintergreen oil. The concentration of Methyl salicylate in the medicine must be no more than 0.001%. When the concentration of Methyl salicylate in a liquid preparation is more than 5%, and the dosage form is other than spray, the medicine requires child resistant packaging. When the concentration of Methyl salicylate in a liquid preparation is more than 5%, and the dosage form is spray, the medicine does not require child resistant packaging but the delivery device must be engaged into the container in such a way that prevents it from being readily removed, direct suction through the delivery device results in delivery of no more than one dosage unit, and actuation of the spay device is ergonomically difficult for young children to accomplish.
5115	WITHANIA SOMNIFERA	A,E,H	
5116	WOOL ALCOHOLS	Е	Only for use in topical medicines for dermal application.
5117	WOOL FAT	A,E	When used as an active ingredient, can only be supplied as an uncompounded medicine substance

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
			packed for retail sale, and must comply with an uncompounded substance monograph of the British Pharmacopoeia, as in force or existing from time to time.
5118	XANTHAN GUM	Е	
5119	XANTHIUM SIBIRICUM	А,Н	
5120	XANTHIUM STRUMARIUM	А,Н	
5121	XANTHOMONA CAMPESTRIS	А,Н	
5122	XEROPHYLLUM ASPHODELOIDES	А,Н	
5123	XYLENE	Е	The residual solvent limit for xylene is 21.7 mg per maximum recommended daily dose. The concentration in the medicine must be no more than 0.217%.
5124	XYLITOL	E	When the quantity of sugar alcohols per maximum recommended daily dose is more than 2g, the quantity of the sugar alcohols must be declared on the label and the medicine requires the following warning statement on the medicine label: - (SUGOLS) 'Products containing [insert name of sugar alcohol(s) may have a laxative effect or cause diarrhoea [or words to that effect]'.
5125	XYLOSE	Е	
5126	YAM	E	

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
5127	YARROW HERB DRY	А,Н	
5128	YARROW HERB POWDER	А,Н	
5129	YEAST AUTOLYSATE	Е	
5130	YEAST DRIED	A,E,H	
5131	YELLOW 2G	Е	Permitted for use as a colour for topical use.
5132	YELLOW BEESWAX	Е	
5133	YELLOW MERCURIC OXIDE	Н	Only for use as an active homoeopathic ingredient.
5134	YELLOW SOFT PARAFFIN	A,E	Only for use in topical medicines for dermal application. When used as an active ingredient, can only be supplied as an uncompounded medicine substance packed for retail sale, and must comply with an uncompounded substance monograph of the British Pharmacopoeia, as in force or existing from time to time.
5135	YLANG YLANG OIL	A,E,H	
5136	YUCCA BACCATA	А,Н	
5137	YUCCA ELATA	А,Н	
5138	YUCCA FILAMENTOSA	А,Н	
5139	YUCCA GLORIOSA	А,Н	
5140	YUCCA WHIPPLEI	А,Н	
5141	ZANTHOXYLUM AMERICANUM	А,Н	

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
5142	ZANTHOXYLUM BUNGEANUM	А,Е,Н	
5143	ZANTHOXYLUM CLAVA-HERCULIS	А,Н	
5144	ZANTHOXYLUM NITIDUM	А,Н	
5145	ZANTHOXYLUM PIPERITUM	А,Н	
5146	ZANTHOXYLUM SIMULANS	А,Н	
5147	ZEA MAYS	A,E,H	
5148	ZEAXANTHIN	A,E	
5149	ZEIN	Е	
5150	ZINC	Н	Only for use as an active homoeopathic ingredient. When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc. When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label: - (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'.

Table 1 Part 2

dient Name AMINO ACID	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
AMINO ACID		
ATE	А,Е,Н	When used internally, zinc is a mandatory component of zinc amino acid chelate. The concentration of zinc in zinc amino acid chelate must be no more than 30%. The indication 'For mineral (may state the mineral) supplementation' is only permitted when the medicine is
ASCORBATE	A,E,H	When used internally, zinc is a mandatory component of zinc ascorbate. The percentage of zinc from zinc ascorbate should be calculated based on the molecular weight of zinc ascorbate. When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc. When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label: - (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'. The indication 'For mineral (may
	ASCORBATE	ASCORBATE A,E,H

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
			only permitted when the medicine is for oral or sublingual use.
5153	ZINC ASCORBATE MONOHYDRATE	A,E,H	When used internally, zinc is a mandatory component of zinc ascorbate monohydrate. The percentage of zinc from Zinc ascorbate monohydrate should be calculated based on the molecular weight of Zinc ascorbate monohydrate. When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.
			When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label: - (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'.
			The indication 'For mineral (may state the mineral) supplementation' is only permitted when the medicine is for oral or sublingual use.
5154	ZINC CHLORIDE	A,E,H	The concentration of zinc chloride in the medicine must be no more than 5%.
			When used internally, zinc is a mandatory component of zinc

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
			chloride. The percentage of zinc from zinc chloride should be calculated based on the molecular weight of zinc chloride.
			When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.
			When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:
			- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'.
			The indication 'For mineral (may state the mineral) supplementation' is only permitted when the medicine is for oral or sublingual use.
5155	ZINC CITRATE	A,E,H	When used internally, zinc is a mandatory component of zinc citrate. The percentage of zinc from zinc citrate should be calculated based on the molecular weight of zinc citrate. When for internal use, the maximum
			recommended daily dose must be no more than 50mg of zinc. When for internal use and the
			maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
			the following warning statement on the medicine label: - (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'. The indication 'For mineral (may state the mineral) supplementation' is only permitted when the medicine is for oral or sublingual use.
5156	ZINC CITRATE DIHYDRATE	A,E,H	When used internally, zinc is a mandatory component of zinc citrate dihydrate. The percentage of zinc from zinc citrate dihydrate should be calculated based on the molecular weight of zinc citrate dihydrate. When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc. When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label: - (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
			words to that effect)'.
			The indication 'For mineral (may state the mineral) supplementation' is only permitted when the medicine is for oral or sublingual use.
5157	ZINC CITRATE TRIHYDRATE	A,E,H	When used internally, zinc is a mandatory component of zinc citrate trihydrate. The percentage of zinc from Zinc citrate trihydrate should be calculated based on the molecular weight of Zinc citrate trihydrate. When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc. When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label: - (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'. The indication 'For mineral (may state the mineral) supplementation' is only permitted when the medicine is for oral or sublingual use.
5150	ZINC DIACDA DTATE	Α	_
5158	ZINC DIASPARTATE	A	When used internally, zinc is a mandatory component of zinc diaspartate and availability is restricted to use as a source of the

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
			relevant mineral only.
			The percentage of zinc from Zinc diaspartate should be calculated based on the molecular weight of Zinc diaspartate.
			When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.
			When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:
			- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'.
			The indication 'For mineral (may state the mineral) supplementation' is only permitted when the medicine is for oral or sublingual use.
5159	ZINC GLUCONATE	A,E,H	When used internally, zinc is a mandatory component of zinc gluconate.
			The percentage of zinc from Zinc gluconate should be calculated based on the molecular weight of Zinc gluconate.
			When for internal use, the maximum recommended daily dose must be no

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
			more than 50mg of zinc.
			When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:
			- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'.
			The indication 'For mineral (may state the mineral) supplementation' is only permitted when the medicine is for oral or sublingual use.
5160	ZINC GLYCINATE	A	When used internally, zinc is a mandatory component of Zinc glycinate and availability is restricted to use as a source of the relevant mineral only.
			The percentage of zinc from Zinc glycinate should be calculated based on the molecular weight of Zinc glycinate.
			When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.
			When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
			the medicine label:
			- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'.
			The indication 'For mineral (may state the mineral) supplementation' is only permitted when the medicine is for oral or sublingual use.
5161	ZINC LACTATE	Е	Only for use in topical and dental medicines and not to be included in medicines intended for use in the eye.
			The concentration of zinc lactate in a medicine intended for topical use should be no more than 2%.
			The concentration of Zinc lactate in a medicine for 'dental' use in toothpaste medicines must be no more than 2.5%.
			Zinc lactate is not to be included in dental / toothpaste medicines intended for use by children less than 12 years old.
			Medicines containing Zinc lactate for dental use require the following warning statement on the medicine label:
			- (CHILD3) 'Use in children under 12 years is not recommended'.
5162	ZINC LACTATE	Е	Only for use in topical and dental medicines and not to be included in

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
	DIHYDRATE		medicines intended for use in the eye.
			The concentration of Zinc lactate dihydrate in a medicine intended for topical use should be no more than 2%.
			The concentration of Zinc lactate dihydrate in a medicine for 'dental' use in toothpaste medicines must be no more than 2.5%.
			Zinc lactate dihydrate is not to be included in dental / toothpaste medicines intended for use by children less than 12 years old.
			Medicines containing Zinc lactate for dental use require the following warning statement on the medicine label:
			- (CHILD3) 'Use in children under 12 years is not recommended'.
5163	ZINC LYSINATE	A	When used internally, zinc is a mandatory component of Zinc lysinate and availability is restricted to use as a source of the relevant mineral only.
			The percentage of zinc from Zinc lysinate should be calculated based on the molecular weight of Zinc lysinate.
			When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.
			When for internal use and the maximum recommended daily dose is more than 25mg but no more than

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
			50mg of zinc, the medicine requires the following warning statement on the medicine label:
			- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'.
			The indication 'For mineral (may state the mineral) supplementation' is only permitted when the medicine is for oral or sublingual use.
5164	ZINC METHIONINE SULFATE	A	For topical use, the concentration of zinc sulfate must be no more than 5%.
			When used internally, zinc is a mandatory component of Zinc methionine sulfate and availability is restricted to use as a source of the relevant mineral only.
			The percentage of zinc from Zinc methionine sulfate should be calculated based on the molecular weight of Zinc methionine sulfate.
			When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.
			When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
			- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'. The indication 'For mineral (may state the mineral) supplementation' is only permitted when the medicine is for oral or sublingual use.
5165	ZINC MYRISTATE	E	Only for use in topical medicines for dermal application and not to be included in medicines intended for use in the eye. The concentration in the medicine must be no more than 0.1%.
5166	ZINC OXIDE	А,Е,Н	When used internally, zinc is a mandatory component of zinc oxide. The percentage of zinc from zinc oxide should be calculated based on the molecular weight of zinc oxide. The indication 'For mineral (may state the mineral) supplementation' is only permitted when the medicine is for oral or sublingual use.
5167	ZINC PARA- PHENOLSULFONATE	E	The concentration of Zinc paraphenolsulfonate in the medicine must not exceed 5%. When used internally, zinc is a mandatory component of zinc paraphenolsulfonate. The percentage of zinc from zinc para-phenolsulfonate should be

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
			calculated based on the molecular weight of zinc para-phenolsulfonate.
5168	ZINC STEARATE	Е	When used internally, zinc is a mandatory component of Zinc stearate.
			The percentage of zinc from zinc stearate should be calcuated based on the molecular weight of zinc stearate.
5169	ZINC SUCCINATE	А,Е,Н	When used internally, zinc is a mandatory component of zinc succinate.
			The percentage of zinc from Zinc succinate should be calculated based on the molecular weight of Zinc succinate.
			When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.
			When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:
			- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'.
			The indication 'For mineral (may state the mineral) supplementation' is only permitted when the medicine is

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
			for oral or sublingual use.
5170	ZINC SULFATE	A,E	For topical use, the concentration of zinc sulfate must be no more than 5%. For internal use, zinc is a mandatory component of zinc sulfate. The percentage of zinc from Zinc sulfate should be calculated based on the molecular weight of Zinc sulfate. When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc. When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label: - (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'.
			The indication 'For mineral (may state the mineral) supplementation' is only permitted when the medicine is for oral or sublingual use.
5171	ZINC SULFATE HEPTAHYDRATE	A,E	For topical use, the concentration of zinc sulfate must be no more than 5%. For internal use, zinc is a mandatory component of zinc sulfate

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
			heptahydrate.
			The percentage of zinc from Zinc sulfate heptahydrate should be calculated based on the molecular weight of Zinc sulfate heptahydrate.
			When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.
			When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:
			- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'.
			The indication 'For mineral (may state the mineral) supplementation' is only permitted when the medicine is for oral or sublingual use.
5172	ZINC SULFATE HEXAHYDRATE	А,Е,Н	For topical use, the concentration of zinc sulfate must be no more than 5%.
			For internal use, zinc is a mandatory component of zinc sulfate hexahydrate.
			The percentage of zinc from Zinc sulfate heptahydrate should be calculated based on the molecular

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
			weight of Zinc sulfate hexahydrate.
			When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.
			When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label:
			- (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'.
			The indication 'For mineral (may state the mineral) supplementation' is only permitted when the medicine is for oral or sublingual use.
5173	ZINC SULFATE MONOHYDRATE	А,Е,Н	When the route of administration is topical the concentration of zinc sulfate in the medicine must be no more than 5%.
			When the medicine is for internal use, zinc is a mandatory component of zinc sulfate monohydrate.
			When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.
			When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
			the following warning statement on the medicine label: - (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or
			words to that effect)'. The indication 'For mineral (may state the mineral) supplementation' is only permitted when the medicine is for oral or sublingual use.
5174	ZINC VALERATE	Н	Only for use as an active homoeopathic ingredient. For internal use, zinc is a mandatory component of Zinc valerate. The percentage of zinc from zinc valerate should be calculated based on the molecular weight of zinc valerate.
5175	ZINGERONE	Е	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5176	ZINGIBER OFFICINALE	А,Е,Н	When for oral use AND the extract ratio is equal to or more than 25:1 OR the equivalent dry weight per dosage unit is equal to OR more than 2g, the medicine requires the following warning statement on the medicine label:

Table 1 Part 2

Column 1	Column 2	Column 3	Column 4
	Ingredient Name	Purpose of the ingredient in the medicine	Specific requirement(s) applying to the ingredient in Column 2
			- (GINGER) 'Individuals taking anticoagulants should seek medical advice before taking this medicine.' AND 'Individuals at risk of bleeding problems should seek advice from their healthcare practitioner prior to taking this medicine'
5177	ZIZIPHUS JUJUBA	А,Н	
5178	ZIZIPHUS JUJUBA VAR. SPINOSA	А,Н	
5179	ZIZYPHUS SATIVA	А,Н	
5180	ZOSTERA MARINA	А,Н	
5181	ZUCCHINI	Е	