Schedule 29 Special purpose foods

Note 1 This instrument is a standard under the *Food Standards Australia New Zealand Act 1991* (Cth). The standards together make up the *Australia New Zealand Food Standards Code*. See also section 1.1.1—3.

Special purpose foods are regulated by Part 9 of Chapter 2, which contains Standard 2.9.1, Standard 2.9.2, Standard 2.9.3, Standard 2.9.4, Standard 2.9.5 and Standard 2.9.6. This Standard prescribes information for these standards.

Note 2 The provisions of the Code that apply in New Zealand are incorporated in, or adopted under, the *Food Act 2014* (NZ). See also section 1.1.1—3.

S29—1 Name

This Standard is *Australia New Zealand Food Standards Code* – Schedule 29 – Special purpose foods.

Note Commencement

This Standard commences on 1 March 2016, being the date specified as the commencement date in notices in the *Gazette* and the New Zealand Gazette under section 92 of the *Food Standards Australia New Zealand Act 1991* (Cth). See also section 93 of that Act.

S29—2 Infant formula products—calculation of energy content

- (1) For paragraph 2.9.1—4(2)(a), the energy content of infant formula product must be calculated using:
 - (a) the energy contributions of the following *components only:
 - (i) fat; and
 - (ii) protein; and
 - (iii) carbohydrate; and
 - (b) the relevant energy factors set out in section S11—2.
- (2) The energy content of an infant formula product must be expressed in kilojoules.

S29—2A Infant formula products—calculation of protein content

For paragraph 2.9.1—4(2)(b), the protein content of infant formula product must be calculated by multiplying the nitrogen content of the product by a nitrogen-to-protein conversion factor of 6.25.

S29—2B Infant formula products—calculation of vitamin A content

For paragraph 2.9.1—4(2)(c), the vitamin A content of infant formula products must be calculated using only the retinol forms of vitamin A prescribed in Column 1 of Table S29—23.

S29—3 Infant formula products—L-amino acids that must be present

For subsection 2.9.1—6(5) and section 2.9.1—33, the table is:

L-amino acids that must be present in infant formula products

L-amino acid	Minimum amount per 100 kJ
Cysteine	9 mg
Histidine	10 mg
Isoleucine	22 mg
Leucine	40 mg
Lysine	27 mg
Methionine	6 mg
Phenylalanine	19 mg
Threonine	18 mg

L-amino acid	Minimum amount per 100 kJ	
Tryptophan	8 mg	
Tyrosine	18 mg	
Valine	22 mg	

S29—4 Infant formula products—limits on fatty acids

For paragraphs 2.9.1—7(1)(g) and 2.9.1—34(1)(g), the table is:

Limits on fatty acids that may be present in infant formula products

Column 1	Column 2
Substance	Maximum amount per 100 kJ
Docosahexaenoic acid	12 mg
Total <i>trans</i> fatty acids	Not more than 4% of the total fatty acids
Erucic acid (22:1)	Not more than 1% of the total fatty acids

S29—5 Vitamins, minerals, electrolytes and other substances required in infant formula and special medical purpose product for infants

For sections 2.9.1 - 7(2)(b)(i), 2.9.1 - 8(1), 2.9.1 - 34(2)(b) and 2.9.1 - 36(1), the table is:

Vitamins, minerals, electrolytes and other nutritive substances required in infant formula and special medical purpose product for infants

Column 1	Column 2	Column 3	Column 4
Substance	Minimum amount per 100 kJ	Maximum amount per 100 kJ	Guidance upper level per 100 kJ (see Note)
Vitamins			
Vitamin A	14 μg RE	43 µg RE	
Vitamin D	0.24 μg	0.63 µg	
Vitamin C	1.7 mg		17 mg
Thiamin	10 μg		72 µg
Riboflavin	14.3 µg		120 µg
Niacin	72 µg		359 µg
Vitamin B ₆	8 µg		42 µg
Folic acid	2.4 µg		12 µg
Pantothenic acid	96 μg		478 µg
Vitamin B ₁₂	0.02 μg		0.36 µg
Biotin	0.24 μg		2.4 μg
Vitamin E	0.14 mg α-TE		1.2 mg α-TE
Vitamin K	0.24 μg		6 µg
Minerals			
Calcium	12 mg		35 mg
Phosphorus	6 mg		24 mg

Column 1	Column 2	Column 3	Column 4
Substance	Minimum amount per 100 kJ	Maximum amount per 100 kJ	Guidance upper level per 100 kJ (see Note)
Magnesium	1.2 mg		3.6 mg
Iron	0.14 mg	0.48 mg	
lodine	2.4 μg		14 µg
Copper	8 µg		29 μg
Zinc	0.12 mg		0.36 mg
Manganese	0.24 µg		24 μg
Selenium	0.48 µg		2.2 µg
Electrolytes			
Chloride	12 mg	38 mg	
Sodium	4.8 mg	14 mg	
Potassium	14 mg	43 mg	
Other essential sub	ostances		
Choline	1.7 mg		12 mg
L-carnitine	0.3 mg		0.8 mg
Inositol	1 mg		10 mg

Note It is recommended that infant formula and a special medical purpose product for infants contain a substance listed in Column 1 of the table in an amount that is not more than the amount (if any) specified for that substance in Column 4 of the table. The amounts specified in Column 4 are Guidance Upper Levels and are recommended upper levels for nutrients which pose no significant risks on the basis of current scientific knowledge. These levels are values derived on the basis of meeting nutritional requirements of infants and an established history of apparent safe use. These Guidance Upper Levels should not be exceeded unless higher nutrient levels cannot be avoided due to high or variable contents in constituents of infant formulas or special medical purpose product for infants; or due to technological reasons.

S29—6 Vitamins, minerals and electrolytes required in follow-on formula

For subparagraph 2.9.1—7(2)(b)(ii) and subsection 2.9.1—8(2), the table is:

Vitamins, minerals and electrolytes required in follow-on formula

Column 1	Column 2	Column 3	Column 4
Vitamin, mineral or electrolyte	Minimum amount per 100 kJ	Maximum amount per 100 kJ	Guidance upper level per 100 kJ (see Note)
Vitamins			
Vitamin A	14 μg RE	43 μg RE	
Vitamin D	0.24 µg	0.72 μg	
Vitamin C	1.7 mg		17 mg
Thiamin	10 µg		72 μg
Riboflavin	14.3 µg		120 µg
Niacin	72 µg		359 µg
Vitamin B₅	8 µg		42 μg
Folic acid	2.4 µg		12 µg
Pantothenic acid	96 µg		478 µg
Vitamin B ₁₂	0.02 μg		0.36 µg
Biotin	0.24 µg		2.4 µg

Column 1	Column 2	Column 3	Column 4
Vitamin, mineral or electrolyte	Minimum amount per 100 kJ	Maximum amount per 100 kJ	Guidance upper level per 100 kJ (see Note)
Vitamin E	0.14 mg α-TE		1.2 mg α-TE
Vitamin K	0.24 µg		6 µg
Minerals			
Calcium	12 mg		43 mg
Phosphorus	6 mg		24 mg
Magnesium	1.2 mg		3.6 mg
Iron	0.24 mg	0.48 mg	
Iodine	2.4 µg		14 µg
Copper	8 µg		29 μg
Zinc	0.12 mg		0.36 mg
Manganese	0.24 μg		24 μg
Selenium	0.48 µg		2.2 μg
Electrolytes			
Chloride	12 mg	38 mg	
Sodium	4.8 mg	14 mg	
Potassium	14 mg	43 mg	

Note It is recommended that follow-on formula contain a substance listed in Column 1 of the table in an amount that is not more than the amount (if any) specified for that substance in column 4 of the table. The amounts specified are Guidance Upper Levels and are recommended upper levels for nutrients which pose no significant risks on the basis of current scientific knowledge. These levels are values derived on the basis of meeting nutritional requirements of infants and an established history of apparent safe use. The Guidance Upper Levels should not be exceeded unless higher nutrient levels cannot be avoided due to high or variable contents in constituents of follow-on formula or due to technological reasons.

S29—7 Optional nutritive substances in infant formula and special medical purpose product for infants

For subsection 2.9.1—9(1) and section 2.9.1—37, the table is set out below.

Optional nutritive substances in infant formula and special medical purpose product for infants

Column 1	Column 2	Column 3
Substance	Minimum amount per 100 kJ	Maximum amount per 100 kJ
2'-fucosyllactose permitted for use by Standard 1.5.2		96 mg
3'-sialyllactose sodium salt permitted for use by Standard 1.5.2		8 mg
6'-sialyllactose sodium salt permitted for use by Standard 1.5.2		16 mg
A combination of 2'- fucosyllactose and difucosyllactose, permitted for use by Standard 1.5.2		96 mg
A combination of: 2'-fucosyllactose permitted for		96 mg which contains not more than 24 mg

Column 1	Column 2	Column 3
Substance	Minimum amount per 100 kJ	Maximum amount per 100 kJ
use by Standard 1.5.2; and lacto-N-neotetraose permitted for use by Standard 1.5.2		of lacto-N- neotetraose
Adenosine-5'- monophosphate		0.36 mg
Cytidine-5'-monophosphate		0.6 mg
Guanosine- 5′monophosphate		0.4 mg
Inosine-5'-monophosphate		0.24 mg
Lactoferrin		40 mg
lacto-N-tetraose permitted for use by Standard 1.5.2		32 mg
Lutein	1.5 µg	5 μg
Milk fat globule membrane- enriched whey protein concentrate	0.14 g	0.28 g
Taurine		2.9 mg
Uridine-5'-monophosphate		0.42 mg

S29—8 Optional nutritive substances in follow-on formula

For subsection 2.9.1—9(2), the table is set out below.

Optional nutritive substances in follow-on formula

Column 1	Column 2	Column 3	Column 4
Substance	Minimum amount per 100 kJ	Maximum amount per 100 kJ	Guidance upper level per 100 kJ (see Note)
2'-fucosyllactose permitted for use by Standard 1.5.2		96 mg	
3'-sialyllactose sodium salt permitted for use by Standard 1.5.2		8 mg	
6'-sialyllactose sodium salt permitted for use by Standard 1.5.2		16 mg	
A combination of 2'-fucosyllactose and difucosyllactose, permitted for use by Standard 1.5.2		96 mg	
A combination of: 2'-fucosyllactose permitted for use by Standard 1.5.2; and lacto-N-neotetraose permitted for use by Standard 1.5.2		96 mg which contains not more than 24 mg of lacto-N-neotetraose	
Adenosine-5'-monophosphate		0.36 mg	
L-carnitine	0.3 mg		
Choline			12 mg
Cytidine-5'-monophosphate		0.6 mg	
Guanosine-5'-monophosphate		0.4 mg	
Inosine-5'-monophosphate		0.24 mg	

Column 1	Column 2	Column 3	Column 4
Substance	Minimum amount per 100 kJ	Maximum amount per 100 kJ	Guidance upper level per 100 kJ (see Note)
Lactoferrin		40 mg	
lacto-N-tetraose permitted for use by Standard 1.5.2		32 mg	
Lutein	1.5 µg	5 µg	
Milk fat globule membrane-enriched whey protein concentrate	0.14 g	0.28 g	
Inositol			10 mg
Taurine		2.9 mg	
Uridine-5'-monophosphate		0.42 mg	

Note It is recommended that follow-on formula contain a substance listed in Column 1 of the table in an amount that is not more than the amount (if any) specified for that substance in Column 4 of the table. The amounts specified in Column 4 are Guidance Upper Levels and are recommended upper levels for nutrients which pose no significant risks on the basis of current scientific knowledge. These levels are values derived on the basis of meeting nutritional requirements of infants and an established history of apparent safe use. The Guidance Upper Levels should not be exceeded unless higher nutrient levels cannot be avoided due to high or variable contents in constituents of follow-on formula or due to technological reasons.

S29—9 Permitted forms of nutritive substances in infant formula products

For paragraphs 2.9.1—10(b) and 2.9.1—38(b), the table is set out below.

Permitted forms for nutritive substances used in infant formula products

Substance	Permitted forms
2'-fucosyllactose permitted for use by Standard 1.5.2	2'-fucosyllactose
3'-sialyllactose sodium salt permitted for use by Standard 1.5.2	3'-sialyllactose sodium salt
6'-sialyllactose sodium salt permitted for use by Standard 1.5.2	6'-sialyllactose sodium salt
A combination of 2'- fucosyllactose and difucosyllactose, permitted for use by Standard 1.5.2	2'-fucosyllactose and difucosyllactose
A combination of: 2'- fucosyllactose permitted for use by Standard 1.5.2; and lacto-N- neotetraose permitted for use by Standard 1.5.2	2'-fucosyllactose and lacto-N-neotetraose
Adenosine-5'-monophosphate	Adenosine-5'- monophosphate
L-carnitine	L-carnitine
	L-carnitine hydrochloride
	L-carnitine tartrate
Choline	Choline chloride
	Choline bitartrate
	Choline
	Choline citrate

Substance	Permitted forms
	Choline hydrogen tartrate
Cytidine-5'-monophosphate	Cytidine-5'-monophosphate
Guanosine-5'-monophosphate	Guanosine-5'-monophosphate
	Guanosine-5'-monophosphate sodium salt
Inosine-5'-monophosphate	Inosine-5'-monophosphate
	Inosine-5'-monophosphate sodium salt
Lactoferrin	Bovine lactoferrin
lacto-N-tetraose permitted for use by Standard 1.5.2	lacto-N-tetraose
Lutein	Lutein from Tagetes erecta L.
Milk fat globule membrane- enriched whey protein concentrate	Bovine milk fat globule membrane- enriched whey protein concentrate
Inositol	Myo-inositol
Taurine	Taurine
Uridine-5'-monophosphate	Uridine-5'-monophosphate sodium salt

Note Section S29—23 lists the permitted forms of vitamins, minerals and electrolytes in infant formula

S29—9A Infant formula products—conditions on use of permitted nutritive substances

The table for this section is as follows:

Conditions of use for permitted nutritive substances

Column 1	Column 2	Column 3
Substance	Permitted Form	Conditions of use
Lactoferrin	Bovine lactoferrin	 During the exclusive use period, may only be sold under the brand Synlait for *use as a nutritive substance in an infant formula product.
		 For the purposes of condition 1 above, exclusive use period means the period commencing on the date of gazettal of the Food Standards (Application A1253 – Bovine Lactoferrin in Infant Formula Products) Variation and ending 15 months after that date.
Milk fat globule membrane- enriched whey protein concentrate	Bovine milk fat globule membrane-enriched whey protein concentrate	 During the exclusive use period, may only be sold under the brand Lacprodan® MFGM-10 for *use as a nutritive substance in an infant formula product.
		 For the purposes of condition 1 above, exclusive use period means the period commencing on the date of gazettal of the Food Standards (Application A1307 – Milk fat globule membrane as a nutritive substance in infant formula products) Variation and ending 15 months after that date.

S29—10 Required format for a nutrition information statement

Article I. The table to this section is:

NUTRITION INFORMATION	
	Average quantity per 100 mL prepared formula
Energy	kJ
Protein	g
— Whey*	g
— Casein*	g
Fat	g
Long chain polyunsaturated fatty acids*	
— Docosahexaenoic acid (DHA)*	mg
— Eicosapentaenoic acid (EPA)*	mg
— Arachidonic acid (ARA)*	mg
Carbohydrate	g
Vitamins	

NUTRITION INFORMATION	
	Average quantity per 100 mL prepared formula
Vitamin A	μд
Vitamin B ₆	μд
Vitamin B ₁₂	μд
Vitamin C	mg
Vitamin D	μg
Vitamin E	mg
Vitamin K	μд
Biotin	μg
Niacin (B ₃)	μд
Folate	μд
Pantothenic acid (B ₅)	μд
Riboflavin (B ₂)	μд
Thiamin (B₁)	μд
Minerals	
Calcium	mg
Copper	μд
lodine	μд
Iron	mg
Magnesium	mg
Manganese	μд
Phosphorus	mg
Selenium	μд
Zinc	mg
Chloride	mg
Potassium	mg
Sodium	mg
Other nutrients*	
Choline*	mg
Inositol*	mg
L-carnitine*	mg
Additional	
(insert any other substance used as a nutritive substance; or inulin-type fructans and / or galacto-oligosaccharides, to be declared)	g, mg, µg

Note: *See the following.

Entries and amounts for the following need only be included when stated in accordance with subsection 2.9.1—24(4), 2.9.1—24(5) and paragraph 2.9.1—25(6)(d): whey; casein; docosahexaenoic acid; eicosapentaenoic acid; arachidonic acid.

The heading 'Other nutrients' need only be included when required by subparagraph 2.9.1-25(2)(d)(ii) and paragraph 2.9.1-25(4)(a).

The heading 'Long chain polyunsaturated fatty acids' need only be included when required by paragraph 2.9.1—25(6)(a).

S29—10A Example of a nutrition information statement including quantities expressed as sold

Article II. For subsection 2.9.1—25(7), an example nutrition information statement including information expressed in accordance with subsection 2.9.1—24(7) is:

Article III.

NUTRITION INFORMATION		
	Average quantity per 100 mL prepared formula	Quantity per 100 g powder (or 100 mL liquid concentrate)
Energy	kJ	kJ
Protein	g	g
— Whey	g	g
— Casein	g	g
Fat	g	g
Long chain polyunsaturated fatty acids		
— Docosahexaenoic acid (DHA)	mg	mg
Eicosapentaenoic acid (EPA)	mg	mg
— Arachidonic acid (ARA)	mg	mg
Carbohydrate	g	g
Vitamins		
Vitamin A	μg	μg
Vitamin B ₆	μg	μg
Vitamin B ₁₂	μд	μg
Vitamin C	mg	mg
Vitamin D	μg	μg
Vitamin E	mg	mg
Vitamin K	μg	μg
Biotin	μg	μд
Niacin (B ₃)	μg	μg
Folate	μg	μg
Pantothenic acid (B ₅)	μg	μg
Riboflavin (B ₂)	μg	μg
Thiamin (B₁)	μg	μg
Minerals		
Calcium	mg	mg
Copper	μg	μg
lodine	μg	μg

NUTRITION INFORMATION		
	Average quantity per 100 mL prepared formula	Quantity per 100 g powder (or 100 mL liquid concentrate)
Iron	mg	mg
Magnesium	mg	mg
Manganese	μд	μg
Phosphorus	mg	mg
Selenium	μд	μg
Zinc	mg	mg
Chloride	mg	mg
Potassium	mg	mg
Sodium	mg	mg
Other nutrients		
Choline	mg	mg
Inositol	mg	mg
L-carnitine	mg	mg
Additional		
(insert any other substance used as a nutritive substance; or inulin-type fructans and / or galacto- oligosaccharides, to be declared)	g, mg, µg	g, mg, µg

S29—11 Food for infants—claims that can be made about vitamins and minerals added to cereal-based food for infants

For section 2.9.2—10, the table is:

Claims that can be made about vitamins and minerals added to cereal-based food for infants

Vitamin or mineral	Maximum claim per serve
Thiamin (mg)	15% RDI
Niacin (mg)	15% RDI
Folate (µg)	10% RDI
Vitamin B ₆ (mg)	10% RDI
Vitamin C (mg)	10% RDI
Magnesium (mg)	15% RDI

S29—12 Formulated meal replacements—vitamins and minerals that must be present in formulated meal replacements

- (1) For sections 2.9.3—3, 2.9.3—4 and 2.9.6—4, the table is set out below.
- (2) In the table, the amounts set out in columns 2 and 3 are for a 1-meal serving, and are expressed as a proportion of the RDI.

Vitamins and minerals that must be present in formulated meal replacements

Column 1	Column 2	Column 3
Vitamin or mineral	Maximum amount	Maximum claim
Vitamin A	300 μg (40%)	300 μg (40%)
Thiamin	No amount set	0.55 mg (50%)
Riboflavin	No amount set	0.85 mg (50%)
Niacin	No amount set	5 mg (50%)
Folate	No amount set	100 μg (50%)
Vitamin B ₆	No amount set	0.8 mg (50%)
Vitamin B ₁₂	No amount set	1 µg (50%)
Vitamin C	No amount set	20 mg (50%)
Vitamin D	5.0 µg (50%)	5 μg (50%)
Vitamin E	No amount set	5 mg (50%)
Calcium	No amount set	400 mg (50%)
lodine	75 µg (50%)	75 µg (50%)
Iron	No amount set	4.8 mg (40%)
Magnesium	No amount set	160 mg (50%)
Phosphorus	No amount set	500 mg (50%)
Zinc	No amount set	4.8 mg (40%)

S29—13 Vitamins and minerals that may be added to formulated meal replacements

- (1) For sections 2.9.3—3, 2.9.3—4 and 2.9.6—4, the table is set out below.
- (2) In the table, the amounts set out in columns 2 and 3 are for a 1-meal serving, and are expressed as a proportion of the *ESADDI unless stated otherwise.

Vitamins and minerals that may be added to formulated meal replacements

Column 1	Column 2	Column 3
Vitamin or mineral	Maximum amount	Maximum claim
Biotin	No amount set	5 μg (17%)
Pantothenic acid	No amount set	0.8 mg (17%)
Vitamin K	No amount set	40 μg (50%)
Chromium:		
inorganic	34 μg (17%)	34 μg (17%)
organic	16 µg (8%)	no claim permitted
Copper:		
inorganic	0.50 mg (17%)	0.50 mg (17%)
organic	0.24 mg (8%)	no claim permitted
Manganese:		
inorganic	0.85 mg (17%)	0.85 mg (17%)
organic	0.4 mg (8%)	no claim permitted
Molybdenum:		
inorganic	42.5 μg (17%)	42.5 μg (17%)
organic	20 µg (8%)	no claim permitted
Selenium:		
inorganic	17.5 μg (25% RDI)	17.5 μg (25% RDI)
organic	9 μg (13% RDI)	9 μg (13% RDI)

S29—14 Vitamins and minerals that may be added to formulated supplementary foods

- (1) For sections 2.9.3—5 and 2.9.3—6, the table is set out below.
- (2) In the table, the amounts set out in Columns 2 and 3 are for a serving, and are expressed as a proportion of the RDI.

Vitamins and minerals that may be added to formulated supplementary foods

Column 1	Column 2	Column 3
Vitamin or mineral	Maximum amount	Maximum claim
Vitamins		
Vitamin A	340 µg (45%)	265 μg (35%)
Thiamin	No amount set	0.55 mg (50%)
Riboflavin	No amount set	0.85 mg (50%)
Niacin	No amount set	5 mg (50%)
Folate	No amount set	100 μg (50%)
Vitamin B ₆	No amount set	0.8 mg (50%)
Vitamin B ₁₂	No amount set	1 μg (50%)
Vitamin C	No amount set	20 mg (50%)
Vitamin D	5 μg (50%)	5 μg (50%)
Vitamin E	No amount set	5 mg (50%)
Minerals		
Calcium	No amount set	400 mg (50%)
lodine	75 μg (50%)	75 µg (50%)
Iron	No amount set	6 mg (50%)
Magnesium	No amount set	130 mg (40%)
Phosphorus	No amount set	500 mg (50%)
Zinc	No amount set	3 mg (25%)

S29—15 Vitamins and minerals that may be added to formulated supplementary food for young children

- (1) For sections 2.9.3—7 and 2.9.3—8, the table is set out below.
- (2) In the table, the amounts set out in Columns 2 and 3 are for a serving, and are expressed as a proportion of the RDI.

Vitamins and minerals that may be added to formulated supplementary food for young children

Column 1	Column 2	Column 3
Vitamin or mineral	Maximum amount (as percentage of RDI)	Maximum claim (as percentage of RDI)
Vitamins		
Vitamin A	135 µg (45%)	105 μg (35%)
Thiamin	No amount set	0.25 mg (50%)
Riboflavin	No amount set	0.4 mg (50%)
Niacin	No amount set	2.5 mg (50%)
Folate	No amount set	50 μg (50%)
Vitamin B ₆	No amount set	0.35 mg (50%)
Vitamin B ₁₂	No amount set	0.5 μg (50%)
Vitamin C	No amount set	15 mg (50%)
Vitamin D	2.5 µg (50%)	2.5 µg (50%)
Vitamin E	No amount set	2.5 mg (50%)
Minerals		
Calcium	No amount set	350 mg (50%)
lodine	70 μg (100%)	35 μg (50%)
Iron	No amount set	3.0 mg (50%)
Magnesium	No amount set	32 mg (40%)
Phosphorus	No amount set	250 mg (50%)
Zinc	No amount set	1.1 mg (25%)

S29—16 Vitamins and minerals that may be added to formulated supplementary sports foods

- (1) For section 2.9.4—3, the table is set out below.
- (2) In the table, the amounts set out in Columns 2 and 3 are for a *one-day quantity.

Vitamins and minerals that may be added to formulated supplementary sports foods

Column 1	Column 2	Column 3
Vitamin or mineral	Maximum amount	Maximum claim
Vitamins		
Vitamin A	375 μg	375 μg
Thiamin		2.2 mg
Riboflavin		3.4 mg
Niacin		20 mg
Folate		400 μg
Vitamin B ₆		3.2 mg
Vitamin B ₁₂		4 μg
Vitamin C		80 mg
Vitamin D	2.5 µg	2.5 µg
Vitamin E		20 mg
Biotin		50 μg

Colu	mn 1	Column 2	Column 3
Vitam	in or mineral	Maximum amount	Maximum claim
Pantothenic acid			3.5 mg
Mine	rals		
Calci	um		1 600 mg
Chror	mium:		
	inorganic forms	100 µg	100 μg
	organic forms	50 μg	50 μg
Сорр	er:		
	inorganic forms	1.5 mg	1.5 mg
	organic forms	750 µg	750 µg
lodine	9	75 µg	75 μg
Iron			12 mg
Magn	esium		640 mg
Mang	anese:		
	inorganic forms		2.5 mg
	organic forms		1.25 mg
Molyk	odenum:		
	inorganic forms		125 µg
	organic forms		62.5 µg
Phosphorus			1 000 mg
Seler	ium:		
	inorganic forms	52 µg	52 µg
	organic forms	26 μg	26 μg
Zinc			12 mg

S29—17

Additional permitted forms for vitamins and minerals in formulated supplementary sports foods and in formulated meal replacements

For sections 2.9.3—3 and 2.9.4—3, the table is:

Additional permitted forms

Column 2	
Permitted forms	
d-biotin	
d-sodium pantothenate	
Calcium hydroxide	
Chromic chloride	
High chromium yeast	
Chromium picolinate	
Chromium nicotinate	
Chromium aspartate	

Permitted forms
Outside and an at-
0
Cupric carbonate
Cupric sulphate
Copper gluconate
Copper-lysine complex
Cupric citrate
Magnesium citrate
Magnesium hydroxide
Manganese carbonate
Manganese chloride
Manganese sulphate
Manganese citrate
Sodium molybdate
High molybdenum yeast
Magnesium phosphate, monobasic
Potassium phosphate, tribasic
Sodium phosphate, monobasic
Sodium phosphate, tribasic
Phosphoric acid

S29—18 Amino acids that may be added to formulated supplementary sports food

For paragraph 2.9.4—3(1)(b), the table is.

Amino acids that may be added to formulated supplementary sports food

Column 1	Column 2
Amino acid	Maximum amount that may be added to a one-day quantity
L-Alanine	1 200 mg
L-Arginine	1 100 mg
L-Aspartic acid	600 mg
L-Cysteine	440 mg
L-Glutamine	1 900 mg
L-Glutamic acid	1 600 mg
Glycine	1 500 mg
L-Histidine	420 mg
L-Isoleucine	350 mg
L-Leucine	490 mg
L-Lysine	420 mg

Column 1	Column 2
Amino acid	Maximum amount that may be added to a one-day quantity
L-Methionine	180 mg
L-Ornithine	360 mg
L-Phenylalanine	490 mg
L-Proline	1 100 mg
L-Serine	1 400 mg
L-Taurine	60 mg
L-Threonine	245 mg
L-Tyrosine	400 mg
L-Tryptophan	100 mg
L-Valine	350 mg

S29—19 Substances that may be used as nutritive substances in formulated supplementary sports food

For paragraph 2.9.4—3(1)(c), the table is:

Substances that may be used as nutritive substances in formulated supplementary sports food

Column 1	Column 2
Substance	Maximum amount that may be added to a one-day quantity
L-carnitine	2g
Choline	10 mg
Inosine	10 mg
Ubiquinones	15 mg
Creatine	3 g
Gamma-oryzinol	25 mg

S29—20 Substances that may be added to food for special medical purposes

For section 2.9.5—6, the table is.

Substances that may be added to food for special medical purposes

Column 1	Column 2
Substance	Permitted forms
Vitamins	
Niacin	Nicotinamide riboside chloride
	Nicotinic acid
Vitamin B ₆	Pyridoxine dipalmitate
Folate	Calcium L-methylfolate
Vitamin E	D-alpha-tocopherol
	D-alpha-tocopheryl polyethylene glycol-1000 succinate (TPGS)
Vitamin K	Vitamin K ₂ (as menaquinone-7)

Permitted forms Sodium pantothenate D-panthenol DL-panthenol Sodium borate Boric acid Calcium bisglycinate Calcium citrate malate Calcium malate Calcium L-pidolate Choline chloride Sodium chloride, iodised
D-panthenol DL-panthenol Sodium borate Boric acid Calcium bisglycinate Calcium citrate malate Calcium malate Calcium L-pidolate Choline chloride
Sodium borate Boric acid Calcium bisglycinate Calcium citrate malate Calcium malate Calcium L-pidolate Choline chloride
Sodium borate Boric acid Calcium bisglycinate Calcium citrate malate Calcium malate Calcium L-pidolate Choline chloride
Boric acid Calcium bisglycinate Calcium citrate malate Calcium malate Calcium L-pidolate Choline chloride
Boric acid Calcium bisglycinate Calcium citrate malate Calcium malate Calcium L-pidolate Choline chloride
Calcium bisglycinate Calcium citrate malate Calcium malate Calcium L-pidolate Choline chloride
Calcium citrate malate Calcium malate Calcium L-pidolate Choline chloride
Calcium malate Calcium L-pidolate Choline chloride
Calcium L-pidolate Choline chloride
Choline chloride
Sodium chloride iodised
Socialiti Gilloriae, louisea
Hydrochloric acid
Chromium chloride
Chromium picolinate
Chromium potassium sulphate
Copper-lysine complex
Cupric carbonate
Potassium fluoride
Sodium fluoride
Sodium iodate
Carbonyl iron
Electrolytic iron
Ferric citrate
Ferric gluconate
Ferric orthophosphate
Ferric pyrophosphate, sodium
Ferric saccharate
Ferric sodium diphosphate
Ferrous bisglycinate
Ferrous carbonate
Ferrous carbonate, stabilised
Ferrous L-pidolate
Iron, reduced (ferrum reductum)
Magnesium acetate
Magnesium L-aspartate
Magnesium bisglycinate
Magnesium citrate
Magnesium glycerophosphate
Magnesium hydroxide
-

Column 1	Column 2	
Substance	Permitted forms	
	Magnesium lactate	
	Magnesium phosphate, monobasic	
	Magnesium L-pidolate	
	Magnesium potassium citrate	
Manganese	Manganese glycerophosphate	
Molybdenum	Ammonium molybdate	
Potassium	Potassium glycerophosphate	
	Potassium lactate	
	Potassium L-pidolate	
Selenium	Selenium enriched yeast	
	Sodium hydrogen selenite	
	Sodium selenate	
Zinc	Zinc bisglycinate	
	Zinc carbonate	
	Zinc citrate	
	Zinc lactate	
Other substances		
Amino acids	Sodium, potassium, calcium, magnesium salts of single amino acids listed in this section	
	Hydrochlorides of single amino acids listed in this section	
	L-alanine	
	L-arginine	
	L-arginine acetate	
	L-asparagine	
	L-aspartic acid	
	L-citrulline	
	L-cysteine	
	L-cystine	
	L-glutamic acid	
	L-glutamine	
	Glycine	
	L-histidine	
	L-isoleucine	
	L-leucine	
	L-lysine	
	L-lysine acetate	
	L-methionine	
	L-ornithine	
	L-phenylalanine	
	L-proline	

Column 1	Column 2
Substance	Permitted forms
	L-serine
	L-threonine
	L-tyrosine
	L-tryptophan
	L-valine
	L-arginine-L-aspartate
	L-lysine-L-aspartate
	L-lysine-L-glutamate
	N-acetyl-L-methionine
Carnitine	L-carnitine
	L-carnitine hydrochloride
	L-carnitine L-tartrate
Choline	Choline
	Choline bitartrate
	Choline chloride
	Choline citrate
	Choline hydrogen tartrate
Inositol	Inositol
Nucleotides	Adenosine-5'-monophosphate
	Adenosine-5'-monophosphate sodium salt
	Cytidine-5'-monophosphate
	Cytidine-5'-monophosphate sodium salt
	Guanosine-5'-monophosphate
	Guanosine-5'-monophosphate sodium salt
	Inosine-5'-monophosphate
	Inosine-5'-monophosphate sodium salt
	Uridine-5'-monophosphate
	Uridine-5'-monophosphate sodium salt
Taurine	Taurine

S29—21 Amounts of nutrients for food for special medical purposes represented as a sole source of nutrition

For section, 2.9.5—7, the table is:

Amounts of nutrients for food for special medical purposes represented as a sole source of nutrition

Column 1	Column 2	Column 3
Nutrient	Minimum amount per MJ	Maximum amount per MJ
Vitamins		
Vitamin A	84 μg retinol equivalents¹	430 μg retinol equivalents¹
Thiamin	0.15 mg	No maximum set
Riboflavin	0.2 mg	No maximum set

Column 1		Column 2	Column 3
Nutrient		Minimum amount per MJ	Maximum amount per MJ
Niacin		2.2 mg niacin equivalents²	No maximum set
Vitamin B ₆		0.2 mg	1.2 mg
Fol	ate	25 μg	No maximum set
Vita	amin B ₁₂	0.17 μg	No maximum set
Vita	amin C	5.4 mg	No maximum set
Vita	amin D		
(a)	for products intended for children aged 1–10 years—	1.2 µg	7.5 µg
(b)	otherwise—	1.2 μg	6.5 µg
Vita	amin E	1 mg alpha-tocopherol equivalents³	No maximum set
Bio	tin	1.8 µg	No maximum set
Par	ntothenic Acid	0.35 mg	No maximum set
Vita	nmin K	8.5 µg	No maximum set
Min	erals		
Cal	cium		
(a)	for products intended for children aged 1–10 years—	120 mg	600 mg
(b)	otherwise—	84 mg	420 mg
Ма	gnesium	18 mg	No maximum set
Iror	1	1.2 mg	No maximum set
Pho	osphorus	72 mg	No maximum set
Zin	C	1.2 mg	3.6 mg
Mai	nganese	0.12 mg	1.2 mg
Cop	oper	0.15 mg	1.25 mg
lodi	ne	15.5 μg	84 µg
Chr	romium	3 µg	No maximum set
Molybdenum		7 μg	No maximum set
Selenium		6 µg	25 μg
Ele	ctrolytes		
Sodium		72 mg	No maximum set
Potassium		190 mg	No maximum set
Chloride		72 mg	No maximum set

Note 1 See paragraph 1.1.2—14(3)(a).

Note 2 For niacin, add niacin and any niacin provided from the conversion of the amino acid tryptophan, using the conversion factor 1:60.

Note 3 See paragraph 1.1.2—14(3)(c).

Nutritional content requirements for a very low energy diet S29-22

For paragraph 2.9.5—18(1)(f), the table is:

Amounts of nutrients in a very low energy diet

Column 1	Column 2			
Nutrient	Minimum amount per daily intake			
Vitamins				
Vitamin A	600 μg retinol equivalents¹			
Vitamin D	2.5 µg			
Vitamin E	10 mg α- tocopherol equivalents²			
Vitamin C	30 mg			
Vitamin B ₆	2 mg			
Vitamin B ₁₂	1 μg			
Niacin	11 mg niacin equivalents ³			
Riboflavin	1.2 mg			
Thiamin	0.8 mg			
Folic Acid	200 μg			
Minerals				
Calcium	500 mg			
Phosphorus	500 mg			
Iron	16 mg			
lodine	140 µg			
Magnesium	350 mg			
Copper	1.5 mg			
Zinc	6 mg			
Potassium	1.6 g			
Sodium	1 g			
Note 1 See paragraph 1.1.2—1	4(3)(a).			

For niacin, add niacin and any niacin provided from the conversion of the amino acid tryptophan, using the conversion Note 3 factor 1:60.

See paragraph 1.1.2—14(3)(c).

S29-23 Permitted forms of vitamins, minerals and electrolytes in infant formula products, food for infants, formulated meal replacements (vitamin K) and food for special medical purposes

For sections 2.9.1—10(a), 2.9.1—38(a), 2.9.2—4, 2.9.2—5, 2.9.2—6, 2.9.3— 3(2)(c)(iii) and 2.9.5—6, the table is:

Permitted forms of vitamins, minerals and electrolytes in infant formula products, food for infants, formulated meal replacements (vitamin K) and food for special medical purposes

Vitamin, mineral or electrolyte	Permitted forms
Vitamin A	

Note 2

Vitamin, mineral or electrolyte	Permitted forms
Retinol forms	vitamin A (retinol)
	vitamin A acetate (retinyl acetate)
	vitamin A palmitate (retinyl palmitate)
	retinyl propionate
Provitamin A forms	beta-carotene
Vitamin C	L-ascorbic acid
	L-ascorbyl palmitate
	calcium ascorbate
	potassium ascorbate
	sodium ascorbate
Vitamin D	vitamin D₂ (ergocalciferol)
	vitamin D₃ (cholecalciferol)
	vitamin D (cholecalciferol-cholesterol)
Thiamin	thiamin hydrochloride
	thiamin mononitrate
Riboflavin	riboflavin
	riboflavin-5'-phosphate, sodium
Niacin	niacinamide (nicotinamide)
Vitamin B ₆	pyridoxine hydrochloride
	pyridoxine-5'-phosphate
Folate	Folic acid
Pantothenic acid	calcium pantothenate
	dexpanthenol
	D-panthenol
	calcium D-pantothenate
	sodium D-pantothenate
Vitamin B ₁₂	cyanocobalamin
	hydroxocobalamin
Biotin	d-biotin
Vitamin E	dl-α-tocopherol
	d-α-tocopherol concentrate
	tocopherols concentrate, mixed
	d-α-tocopheryl acetate
	dl-α-tocopheryl acetate
	d-α-tocopheryl acid succinate
	dl-α-tocopheryl succinate
Vitamin K	Vitamin K ₁ as phylloquinone (phytonadione)
Calcium	calcium carbonate
	calcium chloride
	calcium citrate
	calcium gluconate

Vitamin, mineral or electrolyte	Permitted forms
	calcium glycerophosphate
	calcium hydroxide
	calcium lactate
	calcium oxide
	calcium phosphate, dibasic
	calcium phosphate, monobasic
	calcium phosphate, tribasic
	calcium sulphate
Chloride	calcium chloride
	magnesium chloride
	potassium chloride
	sodium chloride
Chromium	chromium sulphate
Copper	copper gluconate
	cupric sulphate
	cupric citrate
	cupric carbonate
lodine	potassium iodate
	potassium iodide
	sodium iodide
Iron	ferric ammonium citrate
	ferric citrate
	ferric pyrophosphate
	ferrous bisglycinate
	ferrous citrate
	ferrous fumarate
	ferrous gluconate
	ferrous lactate
	ferrous succinate
	ferrous sulphate
Magnesium	magnesium carbonate
	magnesium chloride
	magnesium gluconate
	magnesium oxide
	magnesium phosphate, dibasic
	magnesium phosphate, tribasic
	magnesium sulphate
	magnesium hydroxide carbonate
	magnesium hydroxide
	magnesium salts of citric acid
Manganese	manganese carbonate

Vitamin, mineral or electrolyte	Permitted forms		
	manganese chloride		
	manganese citrate		
	manganese gluconate		
	manganese sulphate		
Molybdenum	sodium molybdate VI		
Phosphorus	calcium glycerophosphate		
	calcium phosphate, dibasic		
	calcium phosphate, monobasic		
	calcium phosphate, tribasic		
	magnesium phosphate, dibasic		
	potassium phosphate, dibasic		
	potassium phosphate, monobasic		
	potassium phosphate, tribasic		
	sodium phosphate, dibasic		
	sodium phosphate, monobasic		
	sodium phosphate, tribasic		
Potassium	potassium bicarbonate		
	potassium carbonate		
	potassium chloride		
	potassium citrate		
	potassium glycerophosphate		
	potassium gluconate		
	potassium hydroxide		
	potassium phosphate, dibasic		
	potassium phosphate, monobasic		
	potassium phosphate, tribasic		
	potassium L-lactate		
Selenium	seleno methionine		
	sodium selenate		
	sodium selenite		
Sodium	sodium bicarbonate		
	sodium carbonate		
	sodium chloride		
	sodium chloride iodised		
	sodium citrate		
	sodium gluconate		
	sodium hydroxide		
	sodium iodide		
	sodium lactate		
	sodium phosphate, dibasic		
	sodium phosphate, monobasic		

Vitamin, mineral or electrolyte	Permitted forms
	sodium phosphate, tribasic
	sodium sulphate
	sodium tartrate
Zinc	zinc acetate
	zinc chloride
	zinc citrate (zinc citrate dihydrate or zinc citrate trihydrate)
	zinc gluconate
	zinc lactate
	zinc oxide
	zinc sulphate

Application, saving and transitional provisions

The table below details information on application, saving or transitional provisions in instruments affecting this Standard.

Instrument items affected	A'ment No.	FRLI registration Gazette	Instrument's transitional provision	Description of transitional arrangement			
Food Stand	Food Standards (Application A1230 – Very Low Energy Diets (VLED)) Variation						
Item [4.1] of the Schedule	208	F2022L00733 1 June 2022 FSC 148 1 June 2022	Clause 4	Clause 4 of the Food Standards (Application A1230 – Very Low Energy Diets (VLED)) Variation provides a transitional arrangement for the variations to the Code made by Item [4.1] of the Schedule to that legislative instrument. Subclause 4(1) provides that section 1.1.1—9 of the Code does			
				not apply to the variations made by that instrument.			
				Subclause 4(2) provides that, during the transition period, a food product may be sold if the product complies with one of the following:			
				(a) the Code as in force without the variations made by the instrument;(b) the Code as amended by the variations made by the instrument.			
				Subclause 4(3) provides that, for the purposes of the above, the transition period is the period commencing on the variation's date of commencement and ending 36 months after the date of commencement.			
				This means that the transition period is the period of time that commences on 1 June 2022 and ends on 1 June 2025.			
Food Stand	dards (Pr	oposal P1028	– Infant Formul	a Products – Consequential Amendments) Variation			
Items [1] and [2] of Schedule 1	231	F2024L01151 13 Sept 2024 FSC 171 13 Sept 2024	Clause 4	Clause 4 establishes a transitional arrangement for variations to the Code made by Items [1] and [2] of Schedule 1 and by the Food Standards (Proposal P1028 – Infant Formula Products – Consequential Amendments) Variation.			
				The transition period is the period of time that commences on 13 September 2024 and ends on 13 September 2029.			
				Subclause 4(1) provides that section 1.1.1—9 of the Code does not apply to the variations.			
				Subclause 4(2) provides that during the transition period a food product may be sold if the product complies with one of the following:			
				(a) the Code as in force without the above variations;(b) the Code as amended by the above variations.			
				Subclause 4(3) provides that a food product that was labelled before the end of the transition period may be sold after the transition period if the product complies with one of the following:			
				(a) the Code as in force without the above variations; (b) the Code as amended by the above variations.			

Amendment History

The Amendment History provides information about each amendment to the Schedule. The information includes commencement or cessation information for relevant amendments.

These amendments are made under section 92 of the *Food Standards Australia New Zealand Act 1991* unless otherwise indicated. Amendments do not have a specific date for cessation unless indicated as such.

About this compilation

This is compilation No. 16 of Schedule 29 as in force on **22 July 2025** (up to Amendment No. 235). It includes any commenced amendment affecting the compilation to that date.

Prepared by Food Standards Australia New Zealand on 22 July 2025.

Uncommenced amendments or provisions ceasing to have effect.

To assist stakeholders, the effect of any uncommenced amendments or provisions which will cease to have effect, may be reflected in the Schedule as shaded boxed text with the relevant commencement or cessation date. These amendments will be reflected in a compilation registered on the Federal Register of Legislation including or omitting those amendments and provided in the Amendment History once the date is passed.

The following abbreviations may be used in the table below:

ad = added or inserted am = amended exp = expired or ceased to have effect rep = repealed rs = repealed and substituted

Schedule 29 was published in the Food Standards Gazette No. FSC96 on 10 April 2015 as part of Amendment 154 (F2015L00463 — 1 April 2015) and has since been amended as follows:

Section affected	A'ment No.	FRL registration Gazette	Commencement (Cessation)	How affected	Description of amendment
S29—7	172	F2017L01142 6 Sept 2017 FSC114 7 Sept 2017	7 Sept 2017	am	Omit 'phytylmenoquinone' from table.
S29— 10(3)	157	F2015L01374 1 Sept 2015 FSC99 3 Sept 2015	1 March 2016	rs	Subsection and related table.
S29—17	161	F2016L00120 18 Feb 2016 FSC103 22 Feb 2016	1 March 2016	am	Correction of typographical error in table heading.
S29—20	168	F2017L00414 11 April 2017 FSC110 13 April 2017	13 April 2017	am	Insertion of a sodium fluoride as a permitted form of fluoride which was inadvertently omitted in FSC96.
S29—20	173	F2017L01176 13 Sept 2017 FSANZ Notification Circular 24-17 (Urgent Proposal) 14 Sept 2017	14 Sept 2017	am	Omit L-arginine and substituting L-arginine and L-arginine acetate as a permitted form of Amino acids.
S29—21	161	F2016L00120 18 Feb 2016 FSC103 22 Feb 2016	1 March 2016	rs	Notes 1, 2 and 3 to correct incorrect cross- reference and missing full stops.

22 July 2025

Section affected	A'ment No.	FRL registration Gazette	Commencement (Cessation)	How affected	Description of amendment
S29—21	168	F2017L00414 11 April 2017 FSC110 13 April 2017	13 April 2017	am	Correction to abbreviation of megajoule in the heading, Correction to formatting error for entry for vitamin E.
S29—14	182	F2018L01594 23 Nov 2018 FSC123 29 Nov 2018	29 Nov 2018	am	Corrections to typographical error (1)
S29—14	186	F2019L00996 17 July 2019 FSC127 25 July 2019	25 July 2019	am	Omit L-carnitine 100mg and substituting L-carnitine 2g
S29—5	198	F2021L00332 25 March 2021 FSC139 26 March 2021	26 March 2021	am	Inserting 2'-O-fucosyllactose and lacto-N-neotetraose
S29 —7	200	F2021L00684 2 June 2021 FSC141 3 June 2021	3 June 2021	am	Correction of typographical error in table heading.
S29—20	203	F2021L01431 14 October 2021 FSC144 21 October 2021	21 October 2021	am	Omit nicotinic acid and substitute Nicotinamide riboside chloride and nicotinic acid
2.9.1—5	205	F2022L00038 18 Jan 2022 FSC146 20 Jan 2022	20 January 2022	am	Omit 2'-O-fucosyllactose and substitute 2'-fucosyllactose
S29—22	208	F2022L00733 1 June 2022 FSC 148 1 June 2022	1 June 2022	ad	Added section 22 For application, saving and transitional provisions, see above table.
S29—5	217	F2023L00452 19 April 2023 FSC157 21 April 2023	21 April 2023	ad	Insert entry for lactoferrin – bovine lactoferrin.
S29—5A	217	F2023L00452 19 April 2023 FSC157 21 April 2023	21 April 2023	ad	Insert section S29—5A
S29—5	223	F2023L01561 27 November 2023 FSC163 30 November 2023	30 November 2023	ad	Insert in table to S29—5 entries for the following substances, 3'-sialyllactose sodium salt permitted for use by Standard 1.5.2, 6'-sialyllactose sodium salt permitted for use by Standard 1.5.2, A combination of 2'-fucosyllactose and difucosyllactose, permitted for use by Standard 1.5.2, lacto-N-tetraose permitted for use by Standard 1.5.2
S29—2 through to S29—10	231	F2024L01151 13 Sept 2024 FSC171 13 Sept 2024	13 September 2024	rs	Repeal sections S29—2 to S29—10 and substitute with new S29—2 to S29—10A
S29—23	231	F2024L01151 13 Sept 2024 FSC171 13 Sept 2024	13 September 2024	ad	Insert after section s29—22 new section entry S29—23
S29—20	235	F2025L00163 20 Feb 2025 FSC 175 20 Feb 2025	20 February 2025	ad	Insert new entry for vitamin K

Section affected	A'ment No.	FRL registration Gazette	Commencement (Cessation)	How affected	Description of amendment
S29—7 through to S29-9A	240	F2025L00857 22 July 2025 FSC 180 22 July 2025	22 July 2025	ad	Insert to tables S29—7, S29—8, S29—9 and S29—9A new entry for milk fat globule membrane-enriched whey protein concentrate