

Standard 2.10.2

Salt and Salt Products

Purpose

This Standard sets out the compositional and labelling requirements for salt and salt products.

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Clauses

1 Interpretation

In this Code-

iodised salt means a mixture of salt and -

- (a) potassium iodide or potassium iodate; or
- (b) sodium iodide or sodium iodate.

reduced sodium salt mixture means a product prepared from a mixture of sodium chloride and potassium chloride.

salt means the crystalline product consisting predominantly of sodium chloride, that is obtained from the sea, underground rock salt deposits or from natural brine.

salt substitute means a food made as a substitute for salt consisting of permitted food additives.

2 Composition of salt

- (1) Salt must contain no less than 970 g/kg sodium chloride on a dry matter basis, exclusive of permitted food additives.
- (2) Salt must contain no more than -
 - (a) 0.5 mg/kg of arsenic; and
 - (b) 2 mg/kg of lead; and
 - (c) 0.5 mg/kg cadmium; and
 - (d) 0.1 mg/kg of mercury.

3 Composition of reduced sodium salt mixtures

Reduced sodium salt mixtures must contain no more than -

- (a) 200 g/kg sodium; and
- (b) 400 g/kg potassium.

4 Composition of salt substitutes

Salt substitutes must contain no more than 1.2 g/kg of sodium.

5 Labelling of reduced sodium salt mixtures and salt substitutes

- (1) The label on a package of reduced sodium salt mixture or salt substitute –
 - (a) must declare the sodium and potassium content, expressed per 100 g; and
 - (b) may include a declaration of the percentage reduction of sodium in the reduced sodium salt mixture or salt substitute, relative to salt.
- (2) A declaration in accordance with subclause (1) does not constitute a nutrition claim for the purposes of Standard 1.2.8.

Editorial note:

Where a claim is made in relation to the sodium content of foods to which reduced sodium salt mixtures or salt substitutes have been added, a nutrition information panel in accordance with Standard 1.2.8 is required on the label of such foods.

6 Composition of iodised salt

Iodised salt must contain potassium iodide or iodate, or sodium iodide or iodate equivalent to -

- (a) no less than 25 mg/kg of iodine; and
- (b) no more than 65 mg/kg of iodine.

7 Composition of iodised reduced sodium salt mixtures

Iodised reduced sodium salt mixtures must contain potassium iodide or iodate, or sodium iodide or iodate equivalent to -

- (a) no less than 25 mg/kg of iodine; and
- (b) no more than 65 mg/kg of iodine.