Schedule 1—Specified permissible ingredients and requirements applying to these ingredients when contained in a medicine

(section 4)

Part 2 – Table 1

Column 1	Column 2 Ingredient Name	Column 3 Purpose of the ingredient in the medicine	Column 4 Specific requirements(s) applying to the ingredient in Column 2
4981	UBIDECARENONE	A, E	When used as an excipient, the route of administration must be topical. Only for use in topical medicines for dermal application and not to be included in medicines intended for use in the eye. When used as an excipient, the concentration in the medicine must be no more than 0.05%. The maximum recommended daily dose must provide no more than 300 milligrams of ubidecarenone. When used in combination with Ubiquinol-10, the maximum recommended daily dose must provide no more than 300 milligrams of ubiquinol-10 and ubidecarenone combined. The medicine requires the following warning statement on the medicine label: - (WARF) 'Do not take while on warfarin therapy without medical advice.'

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
4982	UBIQUINOL-10	A	Only for use in oral medicines. The maximum recommended daily dose must provide no more than 300 mg of ubiquinol-10. When used in combination with ubidecarenone, the maximum recommended daily dose must provide no more than 300 mg of ubiquinol-10 and ubidecarenone combined. requires the following warning statement on the medicine label: - (WARF) 'Do not take while on warfarin therapy without medical advice.'
4983	ULEX EUROPAEUS	A, H	
4984	ULMUS AMERICANA	A, H	
4985	ULMUS CAMPESTRIS	A, H	
4986	ULMUS GLABRA	A, H	
4987	ULMUS PARVIFOLIA	A, H	
4988	ULMUS PROCERA	A, H	
4989	ULMUS PUMILA	A, H	
4990	ULMUS RUBRA	A, H	
4991	ULTRALIDE	E	Permitted for use only in combination with other permitted ingredients as a

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
			fragrance. If used in a fragrance the total fragrance concentration in a medicine must be no more than 1%.
4992	ULTRAMARINE BLUE	E	Permitted for use only as a colour for topical use.
4993	ULVA LACTUCA	A, H	Iodine is a mandatory component of Ulva lactuca. Only for use in topical medicines for dermal application and not to be included in medicines intended for use in the eye. The concentration in the medicine must be no more than 0.1%.
4994	UMBELLULARIA CALIFORNICA	A, H	
4995	UNCARIA GAMBIR	A, H	
4996	UNCARIA RHYNCOPHYLLA	A, H	
4997	UNCARIA SINENSIS	A, H	
4998	UNCARIA TOMENTOSA	A, H	
4999	UNDARIA PINNATIFIDA	A, H	Whole dried Undaria pinnatifida must not contain the holdfast. Only for use in oral medicines.

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
5000	UNDECANAL	E	Permitted for use only in combination with other permitted ingredients as a flavour or a fragrance. If used in a flavour the total flavour concentration in a medicine must be no more than 5%. If used in a fragrance the total fragrance concentration in a medicine must be no more 1%.
5001	UNDECANOIC ACID	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used as a flavour the total flavour concentration in a medicine must be no more than 5%.
5002	UNDECENOIC ACID	E	
5003	UNDECYL ALCOHOL	E	Permitted for use only in combination with other permitted ingredients as a flavour or a fragrance. If used in a flavour the total flavour concentration in a medicine must be no more than 5%. If used in a fragrance the total fragrance concentration in a

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
			medicine must be no more 1%.
5004	UNDECYLCRYLENE DIMETICONE	E	Only for use in topical medicines for dermal application and not to be included in medicines intended for use in the eye. The concentration in the medicine must be no more than 10%.
5005	UNDECYLENAMIDE DEA	E	
5006	UNDECYLENOYL PEG-5 PARABEN	E	Only for use in topical medicines for dermal application.
5007	URANIUM NITRATE	H	Only for use as an active homoeopathic ingredient.
5008	UREA	A, E, H	Only for use in topical medicines for dermal application. The concentration in the medicine must be no more than 10% (w/w).
5009	URTICA DIOICA	A, E, H	
5010	URTICA URENS	A, H	
5011	USNEA BARBATA	A, H	

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
5012	UVA URSI LEAF DRY	A, H	
5013	UVA URSI LEAF POWDER	A, E, H	
5014	VA/BUTYL MALEATE/ISOBORNYL ACRYLATE COPOLYMER	E	Vinyl acetate is a mandatory component of VA/butyl maleate/isobornyl acrylate copolymer. The concentration of vinyl acetate in the medicine must be no more than 0.01% or 100 ppm. Only for use in topical medicines for dermal application and not to be included in medicines intended for use in the eye. The concentration in the medicine must be no more than 5%.
5015	VACCARIA SEGATALIS	A, H	
5016	VACCINIUM BRACTEATUM	A, H	
5017	VACCINIUM CORYMBOSUM	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5018	VACCINIUM MACROCARPON	A, E, H	

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
5019	VACCINIUM MYRTILLOIDES	A, H	
5020	VACCINIUM MYRTILLUS	A, E, H	
5021	VACCINIUM OXYCOCCUS	A, H	
5022	VACCINIUM VITIS-IDAEA	A, H	
5023	VALENCENE	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5024	VALERALDEHYDE	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5025	VALERIAN DRY	A, H	
5026	VALERIAN OIL	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
			5%.
5027	VALERIAN POWDER	A, H	
5028	VALERIANA EDULIS	A, H	
5029	VALERIANA OFFICINALIS	A, H	
5030	VALERIANA SORBIFOLIA	A, H	
5031	VALERIC ACID	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5032	VALINE	A, E	
5033	VANADIUM	H	
5034	VANILLA	E	Permitted for use only in combination with other permitted ingredients as a flavour or a fragrance. If used in a flavour the total flavour concentration in a medicine must be no more than 5%. If used in a fragrance the total fragrance concentration in a medicine must be no more 1%.

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
5035	VANILLA DRY	A, E, H	
5036	VANILLA EXTRACT	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5037	VANILLA OLEORESIN	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5038	VANILLA PLANIFOLIA	A, E, H	
5039	VANILLA POWDER	A, E, H	
5040	VANILLA TAHITENSIS	A, H	
5041	VANILLIC ACID	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
5042	VANILLIN	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5043	VANILLIN ISOBUTYRATE	E	Permitted for use only in combination with other permitted ingredients as a flavour or a fragrance. If used in a flavour the total flavour concentration in a medicine must be no more than 5%. If used in a fragrance the total fragrance concentration in a medicine must be no more 1%.
5044	VANILLYL ALCOHOL	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5045	VAT RED 1	E	Permitted for use only as a colour for topical use.

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
5046	VAT RED 1 ALUMINIUM LAKE	E	Permitted for use only as a colour for topical use.
5047	VAT RED 5	E	Permitted for use only as a colour for topical use.
5048	VEGETABLE OIL	E	
5049	VEGETABLE OIL PHYTOSTEROL ESTERS	A	Only for use in oral medicines. The medicine requires the following warning statements on the medicine label: - (VOPE) 'There is no benefit from taking more than 3g/day of phytosterols from all sources' - (PREGNT) 'Not recommended for use by pregnant and lactating women' (or words to that effect).
5050	VEIN	H	Only for use as an active homoeopathic ingredient.
5051	VERATRALDEHYDE	E	Permitted for use only in combination with other permitted ingredients as a flavour or a fragrance. If used in a flavour the total flavour concentration in a medicine must be no more than

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
			5%. If used in a fragrance the total fragrance concentration in a medicine must be no more 1%.
5052	VERATRUM ALBUM	A, H	Solanidine is a mandatory component of Veratrum album. The concentration of equivalent dry Veratrum album in the medicine must be no more than 10mg/Kg or 10mg/L or 0.001%.
5053	VERBASCUM DENSIFLORUM	A, H	
5054	VERBASCUM THAPSUS	A, H	
5055	VERBENA OFFICINALIS	A, H	
5056	VERBENA OIL	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5057	VERONICA CHAMAEDRYS	A, H	
5058	VERONICA OFFICINALIS	A, H	
5059	VERONICASTRUM VIRGINICUM	A, E, H	
5060	VETIVER OIL	E	Permitted for use only in combination with other permitted ingredients as a

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
			flavour or a fragrance. If used in a flavour the total flavour concentration in a medicine must be no more than 5%. If used in a fragrance the total fragrance concentration in a medicine must be no more 1%.
5061	VETIVERYL ACETATE	E	Permitted for use only in combination with other permitted ingredients as a fragrance. If used in a fragrance the total fragrance concentration in a medicine must be no more than 1%.
5062	VIBURNUM OPULUS	A, E, H	
5063	VIBURNUM PRUNIFOLIUM	A, E, H	
5064	VICIA FABA	A, H	Levodopa (of Vicia faba) is a mandatory component of Vicia faba. The concentration of Levodopa (of Vicia faba) from all ingredients in the medicine must be no more than 1mg/kg or 1mg/L or 0.1%.
5065	VIGNA ANGULARIS VAR. ANGULARIS	A, H	

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
5066	VIGNA RADIATA	A, H	
5067	VIGNA UMBELLATA	A, H	
5068	VINCA MAJOR	A, H	Vincamine is a mandatory component of Vinca major. The concentration of vincamine in the medicine must be no more than 10mg/kg or 10 mg/L or 0.001%.
5069	VINCA MINOR	A, H	Vincamine and vincristine are mandatory components of Vinca minor. The concentration of vincamine in the medicine must be no more than 10mg/kg or 10 mg/L or 0.001%. The concentration of Vincristine in the medicine must be no more than 10mg/kg or 10mg/L or 0.001%
5070	VINCETOXICUM OFFICINALE	A, H	
5071	VINEGAR	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
5072	VIOLA ODORATA	A, E, H	
5073	VIOLA TRICOLOR	A, H	
5074	VIOLA YEDOENSIS	A, H	
5075	VIOLET LEAF ABSOLUTE	E	Permitted for use only in combination with other permitted ingredients as a flavour or a fragrance. If used in a flavour the total flavour concentration in a medicine must be no more than 5%. If used in a fragrance the total fragrance concentration in a medicine must be no more 1%.
5076	VIOLET LEAVES	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5077	VIPER	H	Only for use as an active homoeopathic ingredient.
5078	VISCUM ALBUM	A, E, H	
5079	VISCUM COLORATUM	A, H	
5080	VISCUM FLAVESCENS	A, H	

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
5081	VITELLARIA PARADOXA	A, E, H	
5082	VITEX AGNUS-CASTUS	A, E, H	
5083	VITEX NEGUNDO	A, H	
5084	VITEX ROTUNDIFOLIA	A, H	
5085	VITEX TRIFOLIA	A, H	
5086	VITIS VINIFERA	A, E, H	
5087	VITREOSCILLA CONCENTRATE	E	Only for use in topical medicines for dermal application. The concentration in the medicine must be no more than 0.1%.
5088	WAHLENBERGIA GRACILIS	A, H	
5089	WALNUT	E	
5090	WALNUT OIL	E	
5091	WATER MELON	E	
5092	WHEAT	E	Gluten is a mandatory component of Wheat when the route of administration is other than topical and mucosal. When the route of administration is other than topical or mucosal, the medicine requires the following warning statement on the medicine label: - (GLUTEN) 'Contains [insert name of ingredient]' or words to that effect.

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
5093	WHEAT BRAN	E	Gluten is a mandatory component of Wheat bran when the route of administration is other than topical and mucosal. When the route of administration is other than topical or mucosal, the medicine requires the following warning statement on the medicine label: - (GLUTEN) 'Contains [insert name of ingredient]' or words to that effect.
5094	WHEAT DEXTRIN	A, E	Only for use when the dosage form is capsule, tablet or pill. When the route of administration is other than topical or mucosal, the medicine requires the following warning statement on the medicine label: - (GLUTEN) 'Contains [insert name of ingredient]' or words to that effect.
5095	WHEAT GERM	E	Gluten is a mandatory component of Wheat germ when the route of administration is other than topical and mucosal. When the route of administration is other than topical or mucosal, the medicine requires the following warning

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
			statement on the medicine label: - (GLUTEN) 'Contains [insert name of ingredient]' or words to that effect.
5096	WHEAT GERM GLYCERIDES	E	Gluten is a mandatory component of Wheat germ glycerides when the route of administration is other than topical and mucosal. When the route of administration is other than topical or mucosal, the medicine requires the following warning statement on the medicine label: - (GLUTEN) 'Contains [insert name of ingredient]' or words to that effect.
5097	WHEAT LEAF	E	
5098	WHEAT SPROUT	E	Gluten is a mandatory component of Wheat sprout when the route of administration is other than topical and mucosal. When the route of administration is other than topical or mucosal, the medicine requires the following warning statement on the medicine label: - (GLUTEN) 'Contains [insert name of ingredient]' or words to that effect.

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
5099	WHEAT STARCH	E	When the route of administration is other than topical or mucosal, gluten is a mandatory component of wheat starch. When the route of administration is other than topical or mucosal, the medicine requires the following warning statement on the medicine label: - (GLUTEN) 'Contains [insert name of ingredient]' (or words to that effect).
5100	WHEATGERM OIL	A, E, H	
5101	WHEY POWDER	E	Lactose is a mandatory component of Whey powder when the route of administration is oral.
5102	WHEY PROTEIN	E	Lactose is a mandatory component of Whey protein when the route of administration is oral.
5103	WHEY PROTEIN CONCENTRATE	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than

Column 1	Column 2 Ingredient Name	Column 3 Purpose of the ingredient in the medicine	Column 4 Specific requirements(s) applying to the ingredient in Column 2
			5%.
5104	WHITE BEESWAX	E	
5105	WHITE HOREHOUND HERB DRY	A, H	
5106	WHITE HOREHOUND HERB POWDER	A, H	
5107	WHITE SOFT PARAFFIN	A, E	When used as an active ingredient, can only be supplied as an uncompounded medicine substance packed for retail sale, and must comply with an uncompounded substance monograph of the British Pharmacopoeia, as in force or existing from time to time.
5108	WHOLE DRY MILK	E	If the product is for oral ingestion and contains lactose, then the medicine requires the following warning statement on the medicine label: - (LACT) 'Contains lactose' (or words to that effect).
5109	WIKSTROEMIA VIRIDIFLORA	A, H	
5110	WILD CARROT HERB DRY	A, E, H	
5111	WILD CARROT HERB POWDER	A, H	
5112	WILD CHERRY BARK DRY	A, H	
5113	WILD CHERRY BARK POWDER	A, H	

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
5114	WILD LETTUCE LEAF DRY	A, H	
5115	WILD LETTUCE LEAF POWDER	A, H	
5116	WINTERGREEN OIL	A, E, H	Methyl salicylate is a mandatory component of Wintergreen oil. The concentration of Methyl salicylate in the medicine must be no more than 0.001%. When the concentration of Methyl salicylate in a liquid preparation is more than 5%, and the dosage form is other than spray, the medicine requires child resistant packaging. When the concentration of Methyl salicylate in a liquid preparation is more than 5%, and the dosage form is spray, the medicine does not require child resistant packaging but the delivery device must be engaged into the container in such a way that prevents it from being readily removed, direct suction through the delivery device results in delivery of no more than one dosage unit, and actuation of the spay device is ergonomically difficult for young children to accomplish.
5117	WITHANIA SOMNIFERA	A, E, H	
5118	WOOL ALCOHOLS	E	Only for use in topical medicines for dermal application.

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
5119	WOOL FAT	A, E	When used as an active ingredient, can only be supplied as an uncompounded medicine substance packed for retail sale, and must comply with an uncompounded substance monograph of the British Pharmacopoeia, as in force or existing from time to time.
5120	XANTHAN GUM	E	
5121	XANTHIUM SIBIRICUM	A, H	
5122	XANTHIUM STRUMARIUM	A, H	
5123	XANTHOMONA CAMPESTRIS	A, H	
5124	XEROPHYLLUM ASPHODELOIDES	A, H	
5125	XYLENE	E	The residual solvent limit for xylene is 21.7 mg per maximum recommended daily dose. The concentration in the medicine must be no more than 0.217%.
5126	XYLITOL	E	When the quantity of sugar alcohols per maximum recommended daily dose is more than 2g, the quantity of the sugar alcohols must be declared on the label and the medicine requires the following warning statement on the medicine label:

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
			- (SUGOLS) 'Products containing [insert name of sugar alcohol(s) may have a laxative effect or cause diarrhoea [or words to that effect]'.
5127	XYLOSE	E	
5128	YAM	E	
5129	YARROW HERB DRY	A, H	
5130	YARROW HERB POWDER	A, H	
5131	YEAST AUTOLYSATE	E	
5132	YEAST DRIED	A, E, H	
5133	YELLOW 2G	E	Permitted for use only as a colour for topical use.
5134	YELLOW BEESWAX	E	
5135	YELLOW MERCURIC OXIDE	H	Only for use as an active homoeopathic ingredient.
5136	YELLOW SOFT PARAFFIN	A, E	Only for use in topical medicines for dermal application. When used as an active ingredient, can only be supplied as an uncompounded medicine substance packed for retail sale, and must comply with an uncompounded substance monograph of the British Pharmacopoeia, as in force or

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
			existing from time to time.
5137	YLANG YLANG OIL	A, E, H	
5138	YUCCA BACCATA	A, H	
5139	YUCCA ELATA	A, H	
5140	YUCCA FILAMENTOSA	A, H	
5141	YUCCA GLORIOSA	A, H	
5142	YUCCA WHIPPLEI	A, H	
5143	ZANTHOXYLUM AMERICANUM	A, H	
5144	ZANTHOXYLUM BUNGEANUM	A, E, H	
5145	ZANTHOXYLUM CLAVA-HERCULIS	A, H	
5146	ZANTHOXYLUM NITIDUM	A, H	
5147	ZANTHOXYLUM PIPERITUM	A, H	
5148	ZANTHOXYLUM SIMULANS	A, H	
5149	ZEA MAYS	A, E, H	
5150	ZEAXANTHIN	A, E	
5151	ZEIN	E	
5152	ZINC	H	Only for use as an active homoeopathic ingredient. When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc. When for internal use and the maximum recommended daily

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
			dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label: - (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'.
5153	ZINC AMINO ACID CHELATE	A, E, H	When used internally, zinc is a mandatory component of zinc amino acid chelate. The concentration of zinc in zinc amino acid chelate must be no more than 30%. The indication 'For mineral (may state the mineral) supplementation' is only permitted when the medicine is for oral or sublingual use. When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label: - (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
			which may be dangerous if taken in large amounts or for a long period (or words to that effect)'.
5154	ZINC ASCORBATE	A, E, H	When used internally, zinc is a mandatory component of zinc ascorbate. The percentage of zinc from zinc ascorbate should be calculated based on the molecular weight of zinc ascorbate. When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc. When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label: - (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'. The indication 'For mineral (may state the mineral) supplementation' is only permitted when the medicine is

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
			for oral or sublingual use.
5155	ZINC ASCORBATE MONOHYDRATE	A, E, H	When used internally, zinc is a mandatory component of zinc ascorbate monohydrate. The percentage of zinc from Zinc ascorbate monohydrate should be calculated based on the molecular weight of Zinc ascorbate monohydrate. When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc. When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label: - (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'. The indication ‘For mineral (may state the mineral) supplementation’ is only permitted when the medicine is for oral or sublingual use.

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
5156	ZINC CHLORIDE	A, E, H	The concentration of zinc chloride in the medicine must be no more than 5%. When used internally, zinc is a mandatory component of zinc chloride. The percentage of zinc from zinc chloride should be calculated based on the molecular weight of zinc chloride. When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc. When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label: - (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'. The indication ‘For mineral (may state the mineral) supplementation’ is only permitted when the medicine is for oral or sublingual use.
5157	ZINC CITRATE	A, E, H	When used internally, zinc is a

Column 1	Column 2 Ingredient Name	Column 3 Purpose of the ingredient in the medicine	Column 4 Specific requirements(s) applying to the ingredient in Column 2
			mandatory component of zinc citrate. The percentage of zinc from zinc citrate should be calculated based on the molecular weight of zinc citrate . When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc. When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label: - (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'. The indication ‘For mineral (may state the mineral) supplementation’ is only permitted when the medicine is for oral or sublingual use.
5158	ZINC CITRATE DIHYDRATE	A, E, H	When used internally, zinc is a mandatory component of zinc citrate dihydrate. The percentage of zinc from zinc citrate dihydrate should be

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
			calculated based on the molecular weight of zinc citrate dihydrate. When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc. When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label: - (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'. The indication 'For mineral (may state the mineral) supplementation' is only permitted when the medicine is for oral or sublingual use.
5159	ZINC CITRATE TRIHYDRATE	A, E, H	When used internally, zinc is a mandatory component of zinc citrate trihydrate. The percentage of zinc from Zinc citrate trihydrate should be calculated based on the molecular weight of Zinc citrate trihydrate.

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
			When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc. When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label: - (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'. The indication 'For mineral (may state the mineral) supplementation' is only permitted when the medicine is for oral or sublingual use.
5160	ZINC DIASPARTATE	A	When used internally, zinc is a mandatory component of zinc diaspartate and availability is restricted to use as a source of the relevant mineral only. The percentage of zinc from Zinc diaspartate should be calculated based on the molecular weight of Zinc diaspartate. When for internal use, the

Column 1	Column 2 Ingredient Name	Column 3 Purpose of the ingredient in the medicine	Column 4 Specific requirements(s) applying to the ingredient in Column 2
			maximum recommended daily dose must be no more than 50mg of zinc. When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label: - (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'. The indication 'For mineral (may state the mineral) supplementation' is only permitted when the medicine is for oral or sublingual use.
5161	ZINC GLUCONATE	A, E, H	When used internally, zinc is a mandatory component of zinc gluconate. The percentage of zinc from Zinc gluconate should be calculated based on the molecular weight of Zinc gluconate. When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc.

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
			When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label: - (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'. The indication 'For mineral (may state the mineral) supplementation' is only permitted when the medicine is for oral or sublingual use.
5162	ZINC GLYCINATE	A	When used internally, zinc is a mandatory component of Zinc glycinate and availability is restricted to use as a source of the relevant mineral only. The percentage of zinc from Zinc glycinate should be calculated based on the molecular weight of Zinc glycinate. When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc. When for internal use and the

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
			maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label: - (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'. The indication 'For mineral (may state the mineral) supplementation' is only permitted when the medicine is for oral or sublingual use.
5163	ZINC LACTATE	E	Only for use in topical and dental medicines and not to be included in medicines intended for use in the eye. The concentration of zinc lactate in a medicine intended for topical use should be no more than 2%. The concentration of Zinc lactate in a medicine for 'dental' use in toothpaste medicines must be no more than 2.5%. Zinc lactate is not to be included in dental / toothpaste medicines intended for use by children less than 12 years old.

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
			Medicines containing Zinc lactate for dental use require the following warning statement on the medicine label: - (CHILD3) 'Use in children under 12 years is not recommended'.
5164	ZINC LACTATE DIHYDRATE	E	Only for use in topical and dental medicines and not to be included in medicines intended for use in the eye. The concentration of Zinc lactate dihydrate in a medicine intended for topical use should be no more than 2%. The concentration of Zinc lactate dihydrate in a medicine for 'dental' use in toothpaste medicines must be no more than 2.5%. Zinc lactate dihydrate is not to be included in dental / toothpaste medicines intended for use by children less than 12 years old. Medicines containing Zinc lactate for dental use require the following warning statement on the medicine label: - (CHILD3) 'Use in children under 12 years is not recommended'.

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
5165	ZINC LYSINATE	A	When used internally, zinc is a mandatory component of Zinc lysinate and availability is restricted to use as a source of the relevant mineral only. The percentage of zinc from Zinc lysinate should be calculated based on the molecular weight of Zinc lysinate. When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc. When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label: - (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'. The indication ‘For mineral (may state the mineral) supplementation’ is only permitted when the medicine is for oral or sublingual use.
5166	ZINC METHIONINE SULFATE	A	For topical use, the

Column 1	Column 2 Ingredient Name	Column 3 Purpose of the ingredient in the medicine	Column 4 Specific requirements(s) applying to the ingredient in Column 2
			concentration of zinc methionine sulfate must be no more than 5%. When used internally, zinc is a mandatory component of zinc methionine sulfate and availability is restricted to use as a source of the relevant mineral only. The percentage of zinc from zinc methionine sulfate should be calculated based on the molecular weight of zinc methionine sulfate. When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc. When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label: - (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'. The indication 'For mineral (may state the mineral) supplementation' is only permitted when the medicine is

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
			for oral or sublingual use.
5167	ZINC MYRISTATE	E	Only for use in topical medicines for dermal application and not to be included in medicines intended for use in the eye. The concentration in the medicine must be no more than 0.1%.
5168	ZINC OXIDE	A, E, H	When used internally, zinc is a mandatory component of zinc oxide. The percentage of zinc from zinc oxide should be calculated based on the molecular weight of zinc oxide. The indication 'For mineral (may state the mineral) supplementation' is only permitted when the medicine is for oral or sublingual use. When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label: - (ZINC) WARNING: May be dangerous if taken in large amounts or for a long period. OR

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
			- WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).
5169	ZINC PARA-PHENOLSULFONATE	E	The concentration of zinc para-phenolsulfonate in the medicine must not exceed 5%. When used internally, zinc is a mandatory component of zinc para-phenolsulfate. The percentage of zinc from zinc para-phenolsulfonate should be calculated based on the molecular weight of zinc para-phenolsulfonate. When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label: - (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period. OR WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period' (or words to that effect).
5170	ZINC STEARATE	E	When used internally, zinc is a mandatory component of zinc

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
			stearate. The percentage of zinc from zinc stearate should be calcuated based on the molecular weight of zinc stearate.
5171	ZINC SUCCINATE	A, E, H	When used internally, zinc is a mandatory component of zinc succinate. The percentage of zinc from Zinc succinate should be calculated based on the molecular weight of Zinc succinate. When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc. When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label: - (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'. The indication ‘For mineral (may state the mineral)

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
			supplementation' is only permitted when the medicine is for oral or sublingual use.
5172	ZINC SULFATE	A, E	For topical use, the concentration of zinc sulfate must be no more than 5%. For internal use, zinc is a mandatory component of zinc sulfate. The percentage of zinc from Zinc sulfate should be calculated based on the molecular weight of Zinc sulfate. When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc. When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label: - (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'. The indication 'For mineral (may state the mineral)

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
			supplementation' is only permitted when the medicine is for oral or sublingual use.
5173	ZINC SULFATE HEPTAHYDRATE	A, E	For topical use, the concentration of zinc sulfate must be no more than 5%. For internal use, zinc is a mandatory component of zinc sulfate heptahydrate. The percentage of zinc from Zinc sulfate heptahydrate should be calculated based on the molecular weight of Zinc sulfate heptahydrate. When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc. When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label: - (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'. The indication 'For mineral (may state the mineral)

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
			supplementation' is only permitted when the medicine is for oral or sublingual use.
5174	ZINC SULFATE HEXAHYDRATE	A, E, H	For topical use, the concentration of zinc sulfate must be no more than 5%. For internal use, zinc is a mandatory component of zinc sulfate hexahydrate. The percentage of zinc from Zinc sulfate heptahydrate should be calculated based on the molecular weight of Zinc sulfate hexahydrate. When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc. When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label: - (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'. The indication 'For mineral (may state the mineral)

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
			supplementation' is only permitted when the medicine is for oral or sublingual use.
5175	ZINC SULFATE MONOHYDRATE	A, E, H	When the route of administration is topical the concentration of zinc sulfate in the medicine must be no more than 5%. When the medicine is for internal use, zinc is a mandatory component of zinc sulfate monohydrate. When for internal use, the maximum recommended daily dose must be no more than 50mg of zinc. When for internal use and the maximum recommended daily dose is more than 25mg but no more than 50mg of zinc, the medicine requires the following warning statement on the medicine label: - (ZINC) 'WARNING: May be dangerous if taken in large amounts or for a long period.' OR 'WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect)'. The indication 'For mineral (may state the mineral) supplementation' is only permitted when the medicine is

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
			for oral or sublingual use.
5176	ZINC VALERATE	H	Only for use as an active homoeopathic ingredient. For internal use, zinc is a mandatory component of zinc valerate. The percentage of zinc from zinc valerate should be calculated based on the molecular weight of zinc valerate.
5177	ZINGERONE	E	Permitted for use only in combination with other permitted ingredients as a flavour. If used in a flavour the total flavour concentration in a medicine must be no more than 5%.
5178	ZINGIBER OFFICINALE	A, E, H	When for oral use AND the extract ratio is equal to or more than 25:1 OR the equivalent dry weight per dosage unit is equal to OR more than 2g, the medicine requires the following warning statement on the medicine label: - (GINGER) 'Individuals taking anticoagulants should seek medical advice before taking this medicine.' AND

Column 1	**Column 2** **Ingredient Name**	**Column 3** **Purpose of the ingredient in the medicine**	**Column 4** **Specific requirements(s) applying to the ingredient in Column 2**
			'Individuals at risk of bleeding problems should seek advice from their healthcare practitioner prior to taking this medicine'
5179	ZIZIPHUS JUJUBA	A, H	
5180	ZIZIPHUS JUJUBA VAR. SPINOSA	A, H	
5181	ZIZYPHUS SATIVA	A, H	
5182	ZOSTERA MARINA	A, H	
5183	ZUCCHINI	E	